

长沙有什么“星”见闻？

Oct / Nov 2016 Edition 7 FREE

Whats New in

# CHANGSHA?

Changsha's FREE English language magazine for foreigners and Chinese alike!  
面向英文学习爱好者的长沙的免费英语城市期刊  
来自长沙给外国人与中国人的免费英语杂志

WNIC: Celebrating 5 years of events and info!

WNIC 正在庆祝我们5周年的信息服务与活动!

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## The Queen of Changsha

长沙女王

crowned 'Miss Mama Africa' 2016



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supporters in Changsha!

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Culture.  
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What's New in Changsha,  
or WNIC, is "star city's"  
biggest foreign run group...  
a free service, with no  
registration and lots of  
great info!

What's New in Changsha  
(WNIC)? is Changsha's  
biggest and most loved  
local events and news  
provider. WNIC is run  
by local expats, we help  
promote all kinds of  
events, it is totally free  
and there's no registration  
needed to access our info!

Get answers on our  
buzzing FACEBOOK group,  
follow us on wechat for city  
tips or just visit the website  
for more on local JOBS,  
EVENTS, PROMOTIONS  
and ADVICE!

To find out more go to:  
[www.wnichangsha.com](http://www.wnichangsha.com)

本杂志致力于帮助长沙早日进入国际化轨道，传播有益于社会和谐发展的资讯，鼓励本地人民与外国友人更好的相处，增进了解加深友谊共同创建文明和谐的社会。与此同时，本杂志也是一本帮助英文学习者锻炼英语阅读技能的优秀读物！因为大部分文章源于英语为母语国家的外籍作者，当然我们同样欢迎来自中国的撰稿人！WNIC主要以英文为外籍读者发布文化娱乐消息的自媒体(所以英语是我们主体语言)。感谢支持！

此杂志为免费提供。如果您想在本杂志上为您的企业进行推广，或为我们撰写文章，或有任何建议，请发电子邮箱[wnic@qq.com](mailto:wnic@qq.com)联系我们。

## a note from the editor

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*We are now  
expanding and seek  
writers, photographers  
and designers to join  
our friendly team*



大明  
(Damion)



"Welcome to the 7th edition of the free WNIC magazine, available at over 70 places across Hunan, mostly at businesses where expats go to drink or dine, such as Starbucks!

Now that autumn is here, we can look forward to a wealth of great city events and activities, some of which are planned by WNIC! So look out for our event info by scanning the QR Code and following us on wechat...

We are also now seeking fresh writers and photographers who want to join our team of volunteers in bringing you hot content about life and the people in "Star City" as Changsha is known to the locals.

WNIC is celebrating 5 glorious years of dedicated Changsha events and info. We aim to bring you the best quality, most affordable and most interesting activities and news to make your life even better in Changsha. Come celebrate with us, be a part of history! Thanks to all our supporters and we hope the next five years will be even more impressive as we grow into new areas and form new partnerships!

Best wishes and keep in touch. Any suggestions or ideas: [wnic@qq.com](mailto:wnic@qq.com).

欢迎阅读第七期WNIC杂志！在湖南省内70余所休闲好去处，其中大部分为外国人爱光顾的餐厅、茶饮咖啡吧，比如星巴克，您都可以马上看到我们的杂志！还在等什么？赶紧一睹为快吧！

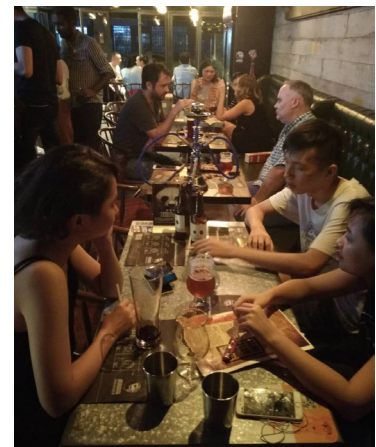
WNIC马上就要庆祝五周年的纪念日了，我们的目标是给你带来最好玩最有趣最优质最低价的活动与信息，是您在长沙生活的更好，跟我们一起庆祝我们的五周岁生日吧，感谢我们所有的支持者，希望接下来的五年我们能做到更让人印象深刻，我们能开展更多的新领域，成为新的伙伴！

现在，夏天已经来到（尽管时不时会有春雨）！我们届时会有丰富多彩的活动，其中有一部分会由WNIC亲自筹划！想要加入我们的活动吗？请扫一扫二维码，关注我们的微信公众号吧！

您喜欢写文章吗？您爱摄影吗？我们期待着您的加入！我们不仅可以为您提供志愿者的机会，更能带给您生活的乐趣，并让您在“星城”长沙结识更多的朋友！

为您送上美好的祝福，希望我们能保持联系。如果您有任何建议或想法，请联系：[wnic@qq.com](mailto:wnic@qq.com)。

## We launch the Changsha Real Ale Members Club!



It's free to join our club and get invites to many great tap beer parties! [wnic@qq.com](mailto:wnic@qq.com)

想了解更多，  
扫描此二维码！



Want to write for us?  
Want to share your  
experiences or passion?  
Interested in helping the  
wider community?

We need volunteer  
journalists and  
photographers!

[wnic@qq.com](mailto:wnic@qq.com)

## 关于长沙的那些事

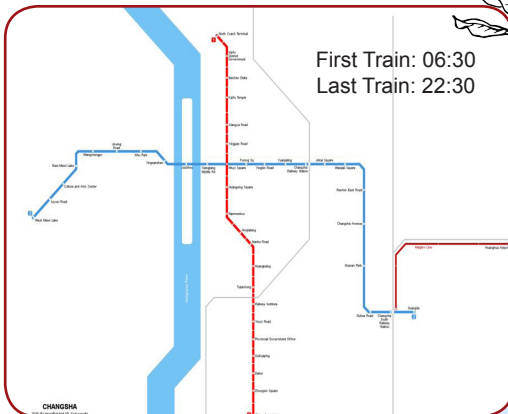
# Information on changsha

further info:  
[www.wnichangsha.com/a-z](http://www.wnichangsha.com/a-z)

Upcoming world national holidays and important dates

Canadian Thanksgiving Day: 10th October / American Thanksgiving: 24th November

Christmas Day: 25th December

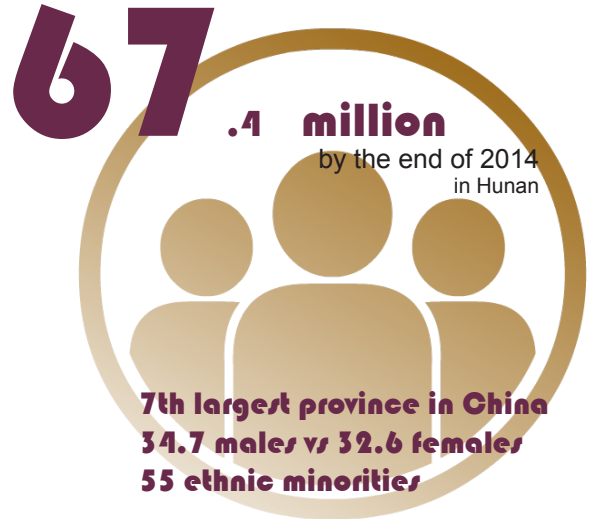


Simplified Chinese  
Traditional Chinese

长沙  
長沙



Symbolic flower:  
Azalea



### Bus Station Info

Changsha West Bus Station (for Zhangjiajie/Fenghuang)  
Address: Fenglin Third Road, Yuelu District, Changsha  
Tel: 0731-82857676 or 0731-82857691

Changsha Xingsha Bus Station (North East of Changsha)  
Address: No 4 Tianhua Road, Changsha  
Tel: 0731- 84011013

Ningxiang Bus Station (one hour West of Changsha centre)  
Address: Ningxiang County, Changsha  
Tel: 0731- 87887918

Changsha East Bus Station  
Address: No 1021 Yuanda First Road, Changsha  
Tel: 0731-84611431

Changzhutan Bus Station  
Address: No 339 Chezhan Zhong Lu, Changsha  
Tel: 0731- 82280212

Liuyang Long-Distance Bus Station  
Address: No 402 Jinsha Zhong Lu, Liuyang City, Changsha  
Tel: 0731-83666170

Wangcheng Bus Station  
Address: Wangcheng County, Changsha  
Tel: 0731-88816543

### Taxi fares\*

Main Train Station - Wuyi Square (centre):  
10-15RMB

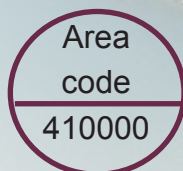
Main Train Station - Changsha Airport:  
70-90RMB (incl. toll fare)

Wuyi Square - South Bus Station: 20-30RMB

Wuyi Square - South Train Station (for high speed):  
30-50RMB

Wuyi Square - Yuelu Mt/Xinkin Lu:  
10-15RMB

\*The above prices are an approximation only



<http://www.enhunan.gov.cn/>  
[http://en.changsha.gov.cn/news/Local/201501/t20150122\\_689639.html](http://en.changsha.gov.cn/news/Local/201501/t20150122_689639.html)  
<https://en.wikipedia.org/wiki/Changsha>  
[www.wnichangsha.com](http://www.wnichangsha.com)

The city of Changsha has direct jurisdiction over 6 districts, 1 county-level cities, and 2 counties:



Subdivision (2010 Census)	Simplified Chinese	Pop.
<b>City Proper</b>		
Furong District	芙蓉区 Fúróng Qū	523,730
Tianxin District	天心区 Tiānxīn Qū	475,663
Yuelu District	岳麓区 Yuèlù Qū	801,861
Kaifu District	开福区 Kāifú Qū	567,373
Yuhua District	雨花区 Yǔhuā Qū	725,353
<b>Suburban and rural</b>		
Wangcheng District	望城区 Wàngchéng Qū	523,489
Liuyang City	浏阳市 Liúyáng Shì	1,278,928
Changsha County	长沙县 Chángshā Xiàn	979,665
Ningxiang County	宁乡县 Níngxiāng Xiàn	1,168,056

## THE IC CARD

Franchised Outlets (available for application for a card, card recharge, lost card replacement, and card change):

- Chigangchong Customer Center
- Changsha Railway Station Nanping Customer Center
- Wangchengpo Transit Hub Customer Center
- Xiangya Road former railway station north Customer Centre

You can also recharge (add more credit) to your IC card at most...

- China Construction Bank Outlets (there is a special self-service IC bus card machine inside the branch -ask staff for help)
- China Telecom Customer Service Centers (available for application for a card, card recharge)

## GDP & Official

- GDP (2014)
- Total: CNY 781 billion (USD 125.68 billion)
- per capita: CNY 108,172 (USD 17,407)
- GDP growth rate: Increase 10.5%
- License Plate: 湘A  
湘O (police and authorities)



## Local Gov

General Office of Changsha Municipal People's Government

Add: No.218, Yuelu Ave, Yuelu District ,Changsha

Tel: 86-0731-88665000; 86-0731-88665831; 86-0731-88665805

## Hunan's leaders

**Governor: Du Jiahao**

Contact the Governor: [www.english.hn.gov.cn/Government/Who/EmailtheGovernor/](http://www.english.hn.gov.cn/Government/Who/EmailtheGovernor/)

Vice Governors: Chen Xiangqun, He Baoxiang, Li Youzhi, Huang Guanchun, Zhang Jianfei, Dai Daojin, Cai Zhenhong

Assistant Governor: Yuan Jianyao

Secretary General: Xiang Lili

## USEFUL NUMBERS

Listed below are the emergency phone numbers in Hunan that can be quite useful on your trip.

Emergency Phone Numbers

Police: 110

Local Enquiry Directory: 114

Weather: 121

Ticket Service, Changsha Huanghua International Airport: 0731-84798777

Traveling in China, following numbers are sometimes proved to be helpful when you are in trouble.

116 Domestic Long Distance Inquiry

117 Time Inquiry

119 Fire

120 Ambulance

12121 Weather Forecast

122 Traffic Police

184 Post Code Inquiry

1185 Emergency Mail

Huanghua Airport live departures

info: <http://en.hnjct.com/channels/178.html>

Huanghua Airport hotline: 86+731+96777



Orange Lounge Parties REVIEWED - LD BAR, RTO BBQ & MANJIEZOU



橘子尊享酒会是长沙首家追求高雅极致的娱乐品味通过在不同的酒吧来获得不同的体验,旨在引领大家低姿态高追求的品味长沙穿越文化



Here is a round up of our previous events.

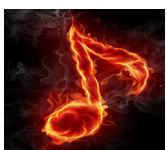
Terrace party at LD Bar (above), Orange Island Brazilian BBQ food+ wine party and, to cap off the summer sizzle, a pool + buffet party at Manjiezou Coffee & Pizza on the outskirts of the city.

We WILL be back with more stylish parties!

wnic@qq.com to RSVP!



Some of the most popular groups that we run and support. If you would like to set up and run an interest group, contact us at wnic@qq.com. We can offer you full online support.





www.wnichangsha.com/news



### Changsha's maglev airport link starts

China's first mid-low speed maglev express line started service on the 6th May 2016.



Hunan maglev transport development limited announced that Changsha's maglev express line opened for normal service to the general public.

This means that we can take the maglev train to shuttle between the high speed station and the airport.



Changsha's maglev express line is the first one fully developed and produced within the country, and the first mid-low speed maglev in China and acts as an experimental line. The mid-low speed maglev track is also the longest one of its kind in the world, and has been

operational for test runs since 26th December 2015. The entirety of Changsha's maglev track is 18.5km long. Starting from the high speed rail station in the west, and from Huanghua airport in the east, with the entire track being suspended above ground level. The entire journey is comprised of three stations; the maglev Changsha high speed train station, Langli station and the maglev airport station, each of these stations are full-purpose comprehensive stations which allow for all-round maintenance and service of the maglev trains and their customers.



### Visa centers for 10 European countries opens in Changsha!

Changsha has now been blessed with a joint visa application centre for eight European nations; Austria, Belgium, Croatia, Finland, Greece, Italy, Spain and Switzerland.

This now allows Hunan residents to easily and conveniently hand over

their documents here in Changsha in the hope of flying to Europe without needing to travel to Beijing, Shanghai or Guangzhou). Over the past couple of months, France and Germany have already set up their own visa application centres here in Changsha.

Thus, residents of Changsha don't have to go outside of the city or province in order to apply for a visa for

10 different European countries. Also, these countries are all members of the Schengen Agreement, so getting the visa of one of these countries will allow tourists the ability of unlimited travel within the Schengen member countries during the period of the visa.

This means that it is now possible for Changsha residents to obtain a visa which will allow travel between 26 different European countries.



The address for the 8 European Union countries' visa application: Conference Rooms 5-6, Floor 2, Xinyuan Swan hotel, 258 Central Xiangfu road, Tianxin district, Changsha city

8国联合签证申请中心地址：长沙市天心区湘府中路258号鑫远白天鹅酒店2楼5-6号会议室

German-French application centre: First floor, Southern block, Suxiangshachang industrial, cultural and arts centre, North Xiaoxiang Road, Yuelu district, Changsha city

法德签证申请中心：长沙市岳麓区潇湘北路裕湘纱厂工业文化艺术中心南楼一层



### Airport Bus Information

Our reporter snapped these airport bus signs  
Look out for upcoming 'Maglev' info too  
Find out more at [www.wnichangsha.com](http://www.wnichangsha.com)  
Or scan and follow us on wechat

<b>株洲</b> Zhuzhou	票价33元 Ticket price: CNY33.00	首班/8:30 The first/8:30	末班/20:30 The last/20:30	6号站上车 Platform 6
<b>湘潭</b> Xiangtan	票价41元 Ticket price: CNY41.00	首班/8:30 The first/8:30	末班/20:30 The last/20:30	7号站上车 Platform 7 (以上含燃油费1元) (Including CNY 1.00 for fuel surcharge)

<b>常德</b> Changde	票价83元 Ticket price: CNY83.00	首班/10:00 The first/10:00	末班/18:00 The last/18:00	8号站上车 Platform 8
<b>经停益阳</b> Stoptover Yiyang	票价46元 Ticket price: CNY46.00			(以上含燃油费0.5元) (Including CNY 0.50 for fuel surcharge)
<b>岳阳</b> Yueyang	票价103元 Ticket price: CNY103.00	首班/10:30 The first/10:30	末班/20:30 The last/20:30	9号站上车 Platform 9

<b>民航大酒店 (火车站)</b> Civil Aviation Hotel( railway station)	票价15.5元 Ticket price: CNY15.50	首班/07:30 The first/07:30	
<b>经停 高桥南大门</b> Stoptover Gaogao			4号站上车 Platform 4
		末班至航班结束 The last till the last flight	(以上含燃油费0.5元) (Including CNY 0.50 for fuel surcharge)

<b>汽车西站</b> West Bus Station	票价28.5元 Ticket price: CNY28.50	首班/08:20 The first/08:20	
<b>经停 星沙、广电</b> Stoptover Xingsha and Hunan Broadcasting System	票价13.5元 Ticket price: CNY13.50	末班/18:00 The last/18:00	1号站上车 Platform 1 (以上含燃油费0.5元) (Including CNY 0.50 for fuel surcharge)

<b>汽车南站</b> South Bus Station	票价20.5元 Ticket price: CNY20.50	首班/07:20 The first/07:20	末班/18:00 The last/18:00
<b>经停 高铁长沙南站</b> Stoptover Wuhan-Guangzhou high-speed railway station	票价20.5元 Ticket price: CNY20.50	末班/19:30 The last/19:30	2号站上车 Platform 2 (以上含燃油费0.5元) (Including CNY 0.50 for fuel surcharge)

# Unintentional Guanxi

旅行者的长沙故事：  
幸运和成功

By Vermilion von Kangur

So, apparently there's this little thing called guanxi, which means connections in Chinese. Guanxi are pretty much essential if you want to get anywhere in modern day China. A little bit of 'you scratch my back, I'll scratch yours' goes a long way nowadays. Why am I talking about this? Well, in case you haven't figured out, guanxi can be interesting when you're the only foreigners in the village.

It started out like any old Friday night for us Waiguoren Three. Classes were finished, rice was eaten, and we were sat around the table drinking various alcoholic beverages while playing mah-jong. And this is village mah-jong, meaning no one outside of our territory will be able to play it, ever. As always, the alcohol got into the system and we became more mischievous. Should we crash someone's birthday at KTV? Already done that. Get a motorbike taxi ride to the school, but we're too close to the school so we need to walk further away to justify it? Been there, done that. Play hide and seek in the school grounds? That's getting old.

Got it! Let's go to the single club and be the only people in there all night! Great idea!



Off we ran. But upon arriving at the club, there was a chill in the air. We. Were. Not. Alone. Two separate tables of people! All heads turned to watch us. Much like the beginning of a showdown in an old western movie. We strolled in, ordered a single beer each, and took our usual table. Tensions calmed.

Fast forward a few hours and Liam was sat at the larger table and Hilary and I were sat at the smaller table with two men trying to practice their limited English on us. Hey, we don't just do our jobs, we're here to help everyone. And if you want to ask me what my name is and how old I am, you go ahead and ask. The night was going well.

Until Hilary and I stepped out to get some deep-fried goodies. The two guys insisted on joining us, and who were we to say no? They said they want to take us to a restaurant instead. We politely declined, a little bucket of oil never harmed anyone's heart that much. Things started to get a little heavy. And somehow, I'm still not sure how, I ended up getting picked up by the

two guys and carried towards a waiting car. Hilary was going crazy, screaming, trying to drag me back. The two guys were chanting 'yes' repeatedly like it was some kind of EDM lyric. I was in the middle, wondering what was going on, and realising if I got squeezed any tighter I was going to make like a meat baozi and burst, oil everywhere.

But then! A flash of light, a thudding, and it was the large table and Liam to the rescue! The two guys, Grabby One and Grabby Two, backed off. Words were exchanged in fast village dialect. It was over. Before I even had a chance to figure out what happened. Everyone looked at me. I did the only thing I could think of. Shrug. Where's my deep-fried goodies? The large table, consisting of four guys and a girl, wanted to take us to a restaurant. Was I going to be grabbed again? No, they really wanted to take us to a restaurant.

This lot seemed nice enough, patient, speaking to us in Chinese and forgiving us when we made mistakes. I should mention, it was around 2 a.m. at this point, and the restaurant had no food, and definitely not the coffee I demanded at least twenty times before they substituted it with some sort of rice dish. But then Liam informed us of something. While he was at their table chit-chatting away, several people would come up, exchange a few words with the leader of the group, the Big Man, notes would pass hands, and Suspicious Items would appear

and disappear in a flash. Are you thinking what I was thinking?

Yup. Our heroes, specifically my heroes, were the village drug dealers. Am I even allowed to write that?

The even bigger question is, did it change the rest of the night? Did we make a mad dash for it like the time in that hotel? Nah. That rice dish was good. They ordered us a good spread. And they were pretty nice guys. For drug dealers.

Much like a roller coaster, the high point was over, and we came to a slow stop. They dropped us off at the school (of course they know we live at the school) and we waved them goodbye. I remember I was stood there, doing the Queen's wave, still trying to process what had happened with Grabby One and Grabby Two. We climbed over the gate, and before letting the night end completely, we took Hilary for a ride in a child's pram we found abandoned until her weight squashed it completely, and left a traffic cone on top of someone's car. As you do.

But let me tell you, after that night, we see those guys everywhere. The drug dealers, not the Grabby Ones. We go to the local supermarket, they're there and insist on paying for us. We go to the local KFC rip-off, they're there. They insist on paying for us. We argue with them about it, but they

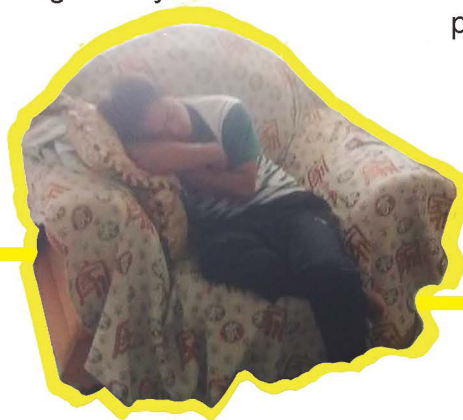




won't take no for an answer. When it was Liam's birthday they took us out for KTV. Us Waiguoren Three spent the night murdering Spice Girls and Britney Spears. They spent the night in the bathroom doing their 'business.' Insert barrage of emoji faces here.

Our very first guanxi, and look what we ended up with. Looks like my childhood dream of being a supervillain is slowly coming true, with connections like these. I'll say no more.

In other news, life in the village is heating up. Fast. Unbearably. It is hot here. Is it hot there? Because it's hot here. I made another mistake of going for a relaxing countryside drive on the motorbike, only to break down in the middle of nowhere. I was content to sit there for a few hours and sulk, but a passing police car spotted me and insisted on giving me a ride home. In the front seat. The seat of honour. They said they'd bring me my motorbike later.



Even though, and I have to add this, when the fridge stopped working and the school sent a repair man to fix it, and said repair man spent a good five hours asleep in our chair. Don't believe me? Check the photo. Nice to know he was hard at work.

In the meantime, I'm going to start work on my next literary project. Guanxi: the list that keeps on growing.

Am I making more guanxi? This time on the right side of the law? They all took my number and WeChat, so I'm counting it even if they don't.

Who knows? My birthday is coming up, I could very well end up having a KTV room filled with both drug dealers and police, me in the middle separating the two like on the cover of a movie poster. Let's not forget the local politician who took us to that hotel that one time. I've got his number. I'm putting him on my new list of guanxi. That whole scene would make for a good image. And given we pranked Hilary a few days ago by telling the school she wanted to sign for another 12 months at the village, leaving her very confused when the school arranged a meeting with her about it, it could very well happen.

The city life may be great for some Waiguoren, but for me, this village is my turf. I've made it my home. And I'm proud of it.

# HY海优出国

招生官团队+学术外国导师+原长沙新航道教学总监  
+原北京新东方名师队伍+中外名企合作平台

# 专注名校申请

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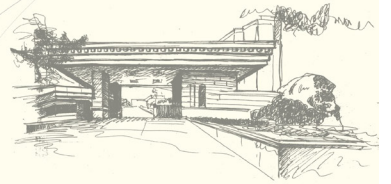
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# ART of

# ChangshaHua

by James Green

## How to describe a person's character in Changsha Hua

There are four phrases used by people of Changsha to describe themselves, they are “恰的苦 (qiá dé kū), 耐得烦(lǎi dé fán), 不怕死(bú pò sǐ), 霸得蛮(bà dé mán)。”

恰的苦 (qiá dé kū), means being persevering in the face of difficulty and tough challenges. The phrase literally mean “capable of eating bitter” .

E.g.:恰的苦是成功的重要保证。  
Being able to bear the suffering is the precondition of success.

耐得烦(lǎi dé fán), means “being patient” , especially towards annoying people.The phrase literally means “can tolerate troubles” .

E.g.:对待朋友一定要耐得烦, 这样才叫友情。  
We need to be patient to our friends, because that' s what friendship is.

不怕死(bú pò sǐ), it means fearless, sometimes bold. The phrase literally means “Have no fear to death” . During the revolutionary period from the collapse of Qing Dynasty to the establishment of PR China, great many individuals from Hunan and from Changsha engaged into those activities that changed the China with their bravery.

E.g.:做事就是要不怕死, 害怕不是一个好习惯。  
Courage is important to whatever you do. Fear is a poor thing to have.

霸得蛮(bà dé mán) means “Can do the undoable, and overcome any obstacles” . “霸” means dominate, “得” is an adjective for the meaning of “capable” , and “蛮” means “brutal” , quite a vivid word right?

E.g.:霸得蛮一点, 我一晚上可以喝一箱啤酒!  
I can drink a case of beers in one night with a little push to myself!

There are some other words in Changsha Hua that can be used to describe people, but not like the four mentioned ...not everyone will feel happy when the following words are placed on them!



There are some other words in Changsha Hua that can be used to describe people, but not like the four above, not everyone will feel happy when the following words are placed on them.

了撇 (liáo pié) The word itself means “simply”, when used to describe a person, it suggests the person tends to overlook details. This could be used for both positive and negative ways.

E.g. 他这个人很了撇，和人交往的时候不会斤斤计较。/ 他这个人太了撇了，工作上总出细节问题。

He is a very simple person who won't get entangled with minor issues with friends. / He is such a careless person, you won't be able to bear looking into his work in details.

怪气 (guài qì) This word means somebody is smart and quick in thinking, but often with wrong direction, much like the English words “slick” or “slippery”.

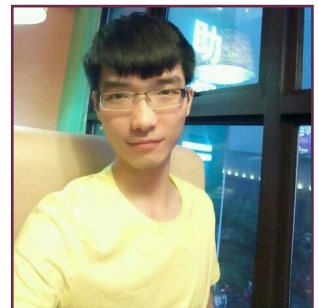
E.g.: 他这个人怪气得很，自己从来不吃亏。  
He is a slippery person who always finds a way to protect his own interest.

That's today's lesson for Changsha Hua, see you next time!



**TOBY SHU**  
**PROFESSIONAL CHINESE**  
**LANGUAGE TEACHER**

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此对她进行了专访，  
倾听她在长沙的生活  
和幸福



# TUMIE

a woman from Botswana

Written by Shea Brewer  
Photography by  
Nekita Harry

Tumie, a woman from Botswana, is currently studying clinical medicine in Xiang Ya University. She has been in Changsha for 4 years, after spending some time in Shan Dong University on a one year intensive Chinese language course. When asked, she tells of her two greatest passions in life, the arts and medicine. Both of these are intermingled strongly within her life and have been from an early age.

**Q - Hi there Tumie. So what first started you on the path to medicine?**

One time, when i was very young, i had a wake up call. I was on a plane with my mother and sister, heading over to Washington D. C, America. This was around 3-4 months after the 9/11 terrorist attacks, and my father worked at the embassy in America so we wanted to be with him during this shocking time. During the flight there was some turbulence, it shook the cabin quite a bit, sending peoples suitcases flying.

One of these hit my mother and knocked her unconscious. I was 10 years old at the time and was in absolute tears, not sure if i'd ever see my mother again. A doctor came over to check on her and my sister and also to give me an injection to calm my nerves. He asked me to be his little assistant, as this would take my focus off the current grief i was in. Not wanting to be helpless in future situations like this is what planted the seed.

**Q - How about your love of art? How was this fostered?**

My whole life has been about dance. When i was 3 years old i was studying ballet, eventually moving to the UK. After this, i was exposed to Hip Hop and Jazz in Switzerland and then i got into African dance back in my hometown. At that time i met a man called Andrew and he recruited me to join his dance troupe as co-owner. During this time i taught contemporary and interpretive African Jazz. We also toured around places such as the UK and we even performed at the Shanghai Expo. I left this group in 2011.



**Q - How did China fit into your plans then? How did you come to end up here?**

Well as Botswana has a very small population, about 2 million people, our government gives every student a scholarship to study. Depending on your high school results, you will be given a suitable position. Initially i was given premed, however when the credit crunch hit in 2008 scholarships became much more limited. I was offered positions in the Czech Republic and South Africa, however neither of these was in medicine. Shortly after, my friend told me about the possibility of studying medicine in China so i looked into it and here i am.

**Q - What is your impression of Changsha?**

I feel like Changsha is a very safe place to live. People are much friendlier here as well, especially compared to the bigger cities like Beijing and Shanghai. Life is very comfortable overall. One downside is probably the lack of unique things to do, entertainment wise. As a fan of the arts, this is very important to me.

**Q - Do you have any long term aspirations for Changsha or China?**

Well i'm currently studying Clinical Medicine at a local university. When i graduate, however, i will probably move to the USA or the UK for my residency. The US is slightly higher up there on my list as the period of residency is only 5 years compared to the UK's 8.



“每一位参赛者都是职业模特，所以我根本就没有想过自己会赢。但是，我居然赢了。我要对每一个支持我的长沙朋友表示感谢！长沙真是太棒了！”

**Q - Great, i hope it works out for you. Now moving on, I'd like to talk about something that has been making waves recently.**

**You winning the 1st Miss Mama Africa award. Could you please tell me a little about what this award means and how it came to be?**

Certainly. Now as the title suggests it is the first of its kind in China. This is the first year the award has been around. Essentially it's a competition designed by the Chinese government to promote relations between China and the African nations as in recent years there have been a slew of riots. Tensions have been high and life can be quite testing for a black woman living in China. I guess this was their answer to this predicament, a chance to share cultures and customs, for the people of China to foster a deeper understanding of the many African countries and the unique cultures and customs of each one, in the hopes that they will embrace them.

**Q - How were contestants selected? Were there specific allotments for all the nations of Africa?**

Contestants could apply any way they wanted. As the first of its kind i guess there were no specific requirements, such as minimum and maximum number of contestants. I think all in all, there were about 15 contestants, including some ladies from Zimbabwe who were living in Wuhan and someone from my home Botswana who was based in Shanghai.

**Q - How did you first hear about the award and what kind of preparation did you go through in the lead up to the ceremony?**

Well I've always really been into pageants, i even did choreography for Miss Botswana for about 3 years. When i first saw the ad however it didn't really interest me. I probably didn't have much confidence that i'd get anywhere with it but my roommate was pretty insistent that i apply. So i did.

In regards to preparation, the ceremony itself is split into a few parts. The first part was the voting stage. In this stage we had to campaign, literally we had to be out on the streets asking for the general public to vote for us, having interviews and advertising. It was a hectic time. I really felt like the underdog, there were some girls from the Congo who had huge campaigns and a lot of financial backing the whole way throughout. Me, i just did it the personal route, doing everything my way. Actually if you check in the March edition of WNIC you'll see they advertised for us, which was really great too.

**Q - Does sound pretty hectic? So what happened after this initial stage then?**

Well prior to the event we had plenty more interviews and we also had to create a speech, every speech had to have a unique platform, something that made it stand out. My theme was 'Unity and Peace for African women'. Around this time we also had video shootings where we would wear traditional African attire. On the night we had to perform a dance and we had about 3 outfit changes throughout the course of the ceremony.

**Q - So how did it feel to win the award? You said before you felt like the underdog against such huge opposition. it must have come as quite a shock then.**

Oh it was a huge shock. All of the other contestants were professional models and they all had huge campaigns going for them. I was much shorter than most of them and personally i didn't think i was as good looking either. However, i didn't let this phase me, i kept at it. I had indomitable willpower and a great manager who kept me grounded and focused.

When they they actually announced me as the winner i felt huge sigh of relief. There had been so much pressure on me during the run up. I also felt extremely happy, it was a huge confidence booster. My charisma and my charm were my two weapons of choice and i was so happy to see they'd paid off. I felt humbled as well, i was personally congratulated by the President of Botswana.



**Q - I'm sure it must have been a huge weight of your shoulders. So where do you go from here? What's next for Changsha's own Miss Mama Africa?**

Miss Botswana? Miss World? Miss Universe? You name it, i want to do it all.



**Q - You will be held in high esteem by younger African women coming to China, an idol of sorts. What advice would you give to these women on their path to future Miss Mama Africa awards?**

I'd like to say this. Whatever doubts, excuses or rules you think are holding you back, cancel them out. You make your own rules. I wasn't a super model, i wasn't the tallest and prettiest of them. But i had the willpower and the desire to win.



**Q - I'd like to briefly touch on something you mentioned at the start. That relations with Chinese people and African people haven't always been perfect.**

**Do you find there is a negative perception towards you as an African woman living in China?**

**Do you think that winning this award has helped to alleviate much of this prejudice attitude?**

To be honest i frequently face prejudice in my time in China. I once taught English to students for a short period of time. One of the children was really naughty and wouldn't listen in class. His parents took him aside and told him to behave lest the bogey monster take him away. I was the person they were referring to. Of course it was a struggle to begin with but life has a way of making you roll with the punches. The harder you get knocked down, the stronger you are when you get back up. It's this attitude that pushes me through all the hard times.

In contrast i also have plenty of Chinese friends who treat me with respect and don't see me for the colour of my skin but for the person on the inside. And yes, i have also been recognised a few times on the streets with smiles. One time, a local even approached me and called me Miss Mama. This made me feel good. I feel like this ceremony is the first step down a brighter path and i look forward to seeing where it goes.

**Q - I'm so glad to hear it. I'd like to congratulate you on winning the award and thank you so much for your time Tumie. Any last words?**

I'd just like to give special thanks to my friends and family back in Botswana for the huge explosion of support on Facebook and also thanks to everyone in China, and moreover Changsha, for their support as well. It meant the world to me.

**Great. Then i wish you all the best with your future endeavours and maybe a few years down the line, i'll have the chance to interview you once more, Miss Universe.**

It's my pleasure and thanks again.



★ REVIEWED

WNIC文化聚会：在长沙的一场艺术、舞蹈和音乐的庆祝盛会！与您携手，让我们的城市更加美好！

THE WNIC 2016

每个人尽享艺术之美丽与魔幻！

by Damion Braithwaite

# Culture Party

ATS/Gypsy Fire  
Photos by Bruce

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A LOOK BACK AT  
THE 2ND ANNUAL  
WNIC CELEBRATION  
OF ART, MUSIC AND  
DANCE @HISENSE  
MALL, CHANGSHA



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WNIC would like to thank for following artists: Jonathan James, Yuling Luo, Kseniia Sokolova. We would also like to thank the musicians and dancers that made the event highly memorable: Michael Paterson (1); Gypsy Fire Flamenco (2); Angela Efros (3); Afro Dance Group (4); TFA / 李凌智 (5); ATS Belly Dance Group (6); Eve (7); Chen Zhi (8); Johnny / Si Mao (9); RF Salsa Group (10). We would finally like to thank our partners: Zero Workshop and their superb photo exhibition.

To contact, book or learn from any of the above performers/groups, please contact wnic and we will put you in touch for free: [wnic@qq.com](mailto:wnic@qq.com). Look out for next year's free entry culture event ...our celebration of the arts in Changsha!



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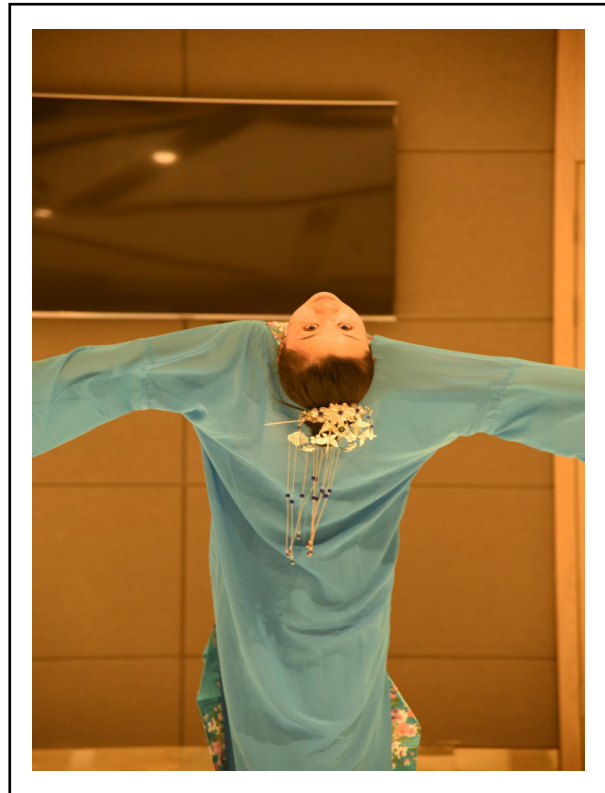
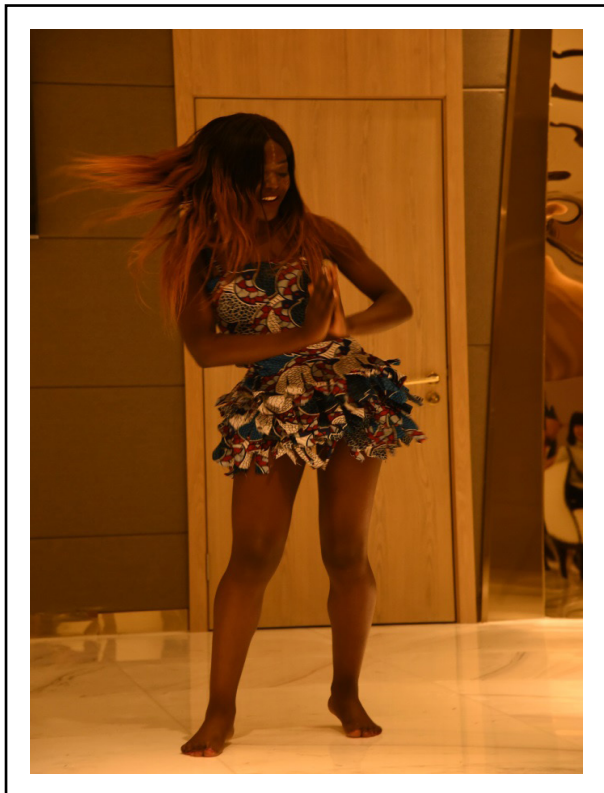


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中文学习：给外国人学习中文的建议，一网打尽手机软件和记忆方法！

TO LEARN OR NOT TO LEARN?

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By Andrew Sieg

LEARNING CHINESE IS LITERALLY THE MOST DIFFICULT THING I HAVE EVER DONE. AT THE SAME TIME IT IS ONE OF THE MOST REWARDING THINGS I HAVE EVER DONE. I HAVE NO DOUBT THAT LEARNING CHINESE WILL CONTINUE TO BE A PASSION OF MINE FOR THE REST OF MY LIFE. CHINESE AS A LANGUAGE IS A VERY COMPLICATED AND INTERESTING TOPIC BUT FOR NOW I'LL GIVE YOU A BRIEF OVERVIEW OF CHINESE, THE ADVANTAGES OF LEARNING OR NOT LEARNING, AND HOW TO GO ABOUT STUDYING CHINESE.

**What** is Chinese? At the most basic level Chinese can first be broken into two categories: Mandarin and Cantonese. Mandarin is considered the standard Chinese which is used by the Chinese government and taught in schools. When I mention “standard Chinese” in this book, I am referring to Mandarin. This is the Chinese you often hear in movies, tv, music, speeches, and any other mass media. Mandarin comes from the northeast part of China and as a result that is where Mandarin is spoken most. Cantonese on the other hand is a southern dialect of Chinese and is virtually unintelligible to a Mandarin speaker. Many linguists consider Cantonese a language of its own. Cantonese is the language of the southern province of Guangdong and the city of Hong Kong. Most kung fu movies are in Cantonese because they are made in Hong Kong. While Cantonese is not the official Chinese dialect of China, it is still widely spoken in the south including the provinces in Guangxi, Guangdong, and Hong Kong.

After recognizing that Chinese is broken down into two different languages we can move into dialects. Dialects were something I was completely unaware of before moved to China. Imagine your hometown and that everyone speaks English and then they also speak another language. You drive over to the next town which is one hour away and you notice they speak English but they also have their own language and it is unintelligible to you. Next week you fly to San Diego and they speak English but they have their own language and you often are unable to understand what they say. This is what China is like but instead of English they speak Mandarin plus another language, which is their local dialect. The dialects of the north are usually based off of Mandarin but are different enough to be unintelligible to anyone who does not live there. This includes small villages and the largest cities. Shanghai is the



best example, they all speak the standard Mandarin and also have their own dialect, Shanghainese which they are quite proud of. Even in Beijing where the most standard Chinese is supposedly spoken they have a kind of dialect that I failed to understand.

If the locals speak to a foreigner they will most likely speak Mandarin but their accent may be so heavy that it sounds like something between their local dialect and standard Chinese.

## LEARNING CHINESE

They question every expat in China must ask himself when he moves to China is if he or she will take up the monumental

task of learning Chinese. This subject definitely has two sides but neither is right or wrong. I will just give you the best reasons to invest your time and money in learning Chinese and the best reasons to not learn Chinese.

## WHY SHOULD YOU LEARN CHINESE?

The strongest argument for mastering the Chinese language is that it simply will give you a deeper experience that you otherwise could not have. Speaking Chinese will give you an amazing insight to the Chinese culture and people. You will have opportunities that most people will never get in their entire life. Example include: becoming a celebrity on Chinese TV, making valuable business



connections, developing relationships with the local people, receiving discounts on goods and services, getting invited to exclusive social events, or maybe even find your husband or wife!

Learning Chinese also gives you freedom. What I mean is you gain independence to do what you want, when you want. Because everything is in Chinese you often have to rely on Chinese friends to do many otherwise simple tasks like buying train tickets, ordering online products, calling a taxi, or even just ordering a pizza. While your Chinese friends are more than happy to help you this can be quite tiresome, especially if you consider yourself an independent person.

The last reason to learn Chinese that it is a long-term investment in yourself. Putting that you are fluent in Chinese on your resume puts you in a category of your own. This is the worlds most spoken language and at the same time China has become an economic powerhouse. The reach of China has extended to every corner of the globe. As a result You can take this skill and go anywhere in the world to use it, especially if you speak fluent English. If you want to compete in China's business world learning Chinese is essential.

Why should you not learn Chinese Chinese is arguably the most difficult major world language to learn. There are literally tens of thousands of characters to learn before one can master Chinese. To use Chinese as a professional language you need to know at least 1200 words and to be truly fluent in Chinese you need to know at least 3000 words. Writing Chinese is truly a time consuming monster. Every character must be written in a certain order in a particular direction. Chinese and

English words have almost no relation and the grammar is not comparable to English either. Chinese words are pronounced very differently and it takes at least a couple years to say words correctly. Chinese is a tonal language which means the meaning of a word is changed by the pitch in which you say the word. Most expats quickly learn Chinese cannot be learned passively because it just takes too much brain power to learn.

There are many wonderful things you can use your time for in China besides studying Chinese. Many expats choose to work overtime and some make decent money. Some people will travel around China during their time off. I know some expats who are vivid readers, writers, or business owners who could not be otherwise if they wanted to learn Chinese. Investing your time in Chinese really means giving up other opportunities in the short term. I know many expat who essentially speak only the most basic Chinese and they seems quite happy. I think choosing to not learn Chinese will not give you a poorer experience but just a different one.

## SO, LEARN OR NOT TO LEARN?

In a word, Learn! Learning Chinese will produce many opportunities and is intellectually stimulating. After becoming familiar with the language you will have a deeper insight into the culture and possess a skill few dare to develop. I believe how much you learn depends on how long you want to stay in China. If you want to only stay in China for six months or less learning the most basic Chinese such as greetings, numbers, and simple questions is enough because if you learn anymore you will spend too much time at a desk and not enough time experiencing your new environment. If you want to live here for a year or two then getting to an intermediate level of Chinese would be well worth your time, especially if you intend to travel. If you want live in China for the long haul then I recommend becoming at least functionally fluent. Trust me, you won't regret it.

## SO YOU WANT TO LEARN CHINESE?

So if you are taking the long road of Chinese language learning getting off to the right start is critical. I would recommend learning several months before you even get to China. As China has become a dominant world language it has also attracted the attention of many education companies and as a result fantastic online resources are available to start learning today. Chinese online education is a developing industry so the best resources will change overtime but I have listed the materials that I have personally used to become fluent and speaking, reading, writing, and listening.

## THINGS TO CONSIDER FIRST

Understanding the influence of dialects in China is incredibly important in your decision of which city to move to and weather or not to learn Chinese. Make sure that you understand that if you choose to learn Mandarin there will be millions of people you will not understand because they only speak a local dialect. If you learn Cantonese there will be at least a billion people in China you will not understand because they only speak Mandarin and their dialect. When I first moved to China, my teaching company promised to put me in a city where standard Chinese was spoken, at that point I had taken 4 semesters of Mandarin Chinese in college and I was excited at the prospect of improving my Chinese. When I finally got into my city I walked off the bus and was immediately surrounded by a dozen people...and I couldn't understand a single one of them. They were speaking their local dialect and they had little ability to communicating using the standard Chinese I had learned in university. Living in this language environment greatly hindered my ability to study Chinese, especially my listening and speaking skills. Just make sure you are in an environment where standard Mandarin is spoken.

Learning Chinese will Take Time Rome wasn't built in a day, neither are Mandarin skills. Chinese is an incredibly difficult language to learn and it will require no small amount of your time. If you study an hour a day I think you can be fluent in 5 years, if you study two hours a day you can be fluent in 3 years, if you study 4 hours a day you can be fluent in a year and a half. The more you study Chinese the easier it will become because your brain adjusts to this new method of communicating. Building the habit of studying everyday is incredibly important. Even while writing this book I have scheduled an hour a day to maintain my levels.

## CHINESE POD-

If you don't do anything else just use this program. This is an online subscription service that has Chinese interactive lessons that start at the most basic level and progress to near native level lessons. They have people who are both native speakers in Chinese and English who explain Chinese better than anyone else. They make sure



you learn Chinese and you learn it right. My favorite part of the website is the fact that you can choose lessons based on topic, so your learning material is always interesting. This is a paid service and at the time of the writing membership starts at \$15 USD a month with higher fees for more services. You can even higher an online Chinese tutor to do the lessons with you. I can't recommend them enough.

## SKRITTER

This is an online program that teaches you how to correctly write Chinese characters. You just tell it what words you want to learn and it uses a special memorization and recall methodology to teach you the correct order in writing the characters and how they are pronounced. This is also a paid service starting at \_\_\_ a month. I do have to put in a disclaimer here; I suggest you forgo learning how to write the characters unless you are extremely serious about learning the every aspect of the language. Reading and speaking is hard enough and writing will take a disproportionate amount of time. Although I can write Chinese I can count on one hand how many times I have found it useful. I used this to pass my most difficult Chinese writing exams.

## TEXTBOOKS

There are a number of textbooks that are available to use to learn Chinese. The thing is textbooks are only useful if they are used in conjunction with a native speaker. You really need instruction from a tutor to ensure correct speaking and reading habits are formed. If you have a Chinese wife or husband this could be a good route. Some textbooks I have used are \_\_\_\_\_

Learning Chinese in China Once you get to change your language learning strategy will most likely change because now you have new resource available to you; mainly native Chinese speakers. Assuming you have a VPN you can continue to use online programs in conjunction with the following suggestions

## SELF STUDY

One of the benefits of learning living in China is that your work probably gives you more free time than you're used to. Currently I work about 20 hours a week, which gives me plenty of time to pursue other interests like studying Chinese. If you self study I strongly recommend using a program like ChinesePod instead of a textbook. A Chinese textbook without a native teacher is nearly useless.

## TUTOR

Unless you live in a village you will be able to find a Chinese tutor fairly easily. Many tutors will have degrees in teaching Chinese as a second language. A private tutor should cost no more than 100RMB about, \$13 USD an hour. Some people pay less for a less experienced tutor but I prefer to invest in quality for my Chinese lessons. Group lessons with other foreigners can be more fun and cheaper, but progress is not as quick. Your tutor will probably recommend a textbook. Just make sure the textbook has an audio component so you can practice at home.

## UNIVERSITY

If you want to study Chinese at a full time level, going to a Chinese university is an option you might want to consider. I studied Chinese at a university in Beijing with mixed results. The advantage is the university tuition is incredibly cheap. My tuition for a semester was \_\_\_\_\_. The main disadvantage is the education standards are not up to par with American universities. The classes usually focus on reading and writing rather than speaking and listening. If you are still determined to go to a Chinese university you may be eligible for a Chinese government scholarship which will pay for your tuition and possibly a living stipend. Just keep in mind that most Chinese students are desperate to practice their English and will speak only English to you once they see you are not Asian as a result finding authentic Chinese speaking opportunities can be a challenge.

## TRAINING SCHOOLS

These can only be found in the largest city or cities that cater especially to tourists. Essentially you are paying more for a private tutor but with some added services. The services include a comfortable and quite learning environment, structured lessons, chances to meet other Chinese learners, and the option to switch tutors if you are not satisfied. I have never used a training school but it could be a great option if you really enjoy a more traditional learning environment.

## CONCLUSION

Think of learning Chinese as an opportunity to experiment to find your optimal study routine. Everyone learns differently so don't be afraid to get creative with your studies. Just make sure you give whatever method you are doing a bit of time. I recommend at least 30 days. Remember learning Chinese

Andrew has been study Chinese for nearly 5 years and working in China for 2 and a half. His goal is to experience as many aspects of Chinese business culture as possible. He realized a need for first time teachers to educate themselves on how to best work and live in China.

You can visit his website [www.andrewsiege.com](http://www.andrewsiege.com) to learn more about him and his eBook Living, Working, and Thriving in China.



THE CHANGSHA CARD  
IS NOW ACCEPTED AT  
OVER 50 BUSINESSES  
IN CHANGSHA



WNIC



# CCSALON CRAZY ABOUT CULTURAL EXCHANGE

疯狂学习新的文化和习俗吧！  
让我们一起和平相处、增进了解！



I'm Cici Tang, or Cici Soup (Tang means soup in Chinese). If you're a foreigner living in Changsha, or a Chinese person interested in cross-cultural communication, then I'd like to extend an invitation to attend my CC Salon. I'm very proud to be the organizer of Hunan Province's largest English salon with over 20,000 participants since 2011.



**When** I started my English corner (now called CC Salon) five years ago, I just wanted to create an opportunity for Chinese and foreigners to get to know each other. I never could have imagined my little English corner would grow into CC Salon which now includes multiple events including weekly English and Chinese corners, parties, and other social events. I've also organized formal Chinese classes for foreigners. Whatever the event, my goal is to provide a platform for Changsha residents to socialize and make new friends, both Chinese and international. My CC salon is not necessarily about learning (most of the participants are already fluent), it's about making new friends and new connections.

I originally started my English corner to expand my own friend circle and provide a gathering place for people with the desire to communicate in English. But after some time, it came to my attention that more and more foreigners have an interest in learning Chinese beyond the standard "where is the bathroom," "I want to buy this," and "You're so beautiful! What's your phone number?" Many foreigners get frustrated pointing at the menu to order in a restaurant, or even mixing up "menu" and "mei nu". So in 2014 I started Hunan Province's first Chinese corner.

Our Chinese corner is divided into groups according to the students' level, so anyone from a total beginner to a fluent speaker can attend. Our wonderful volunteers are eager to meet foreign friends and help them through the difficult process of learning Chinese. I've witnessed many foreign friends transition from beginner to intermediate or intermediate to advanced in a fun and relaxed environment. We often play games, learn useful slang phrases, or even Changsha hua!



CC沙龙功能介绍：  
分享最洋气的中外交友平台，提倡多元化的协作与交流。在轻松愉悦的活动中提升你的社交能力和扩大你的交友圈。

Regular events:  
Chinese Corner 8-10pm Tuesday  
English Corner 8-10pm Friday  
Address: Reading garden, 5th floor of Xinhua Mansion, Wuyi road. 五一路新华大厦五楼阅读花园  
Cici' s email: 50995099@qq.com  
Cici' s phone number: 18900775708



I also enjoy holding social events. In the past few years I've held several dances and theme parties. I've even held single parties and speed-dating events! I love to make connections between people. Many event participants have showed me their gratitude and appreciation.



They thank me for organizing activities which enrich their life and improve their language skills. Most of them have made new friends there, and some have even found true love! This year two couples who met at my English corner have been married. I'm honored to see international love blossom before my eyes.

So if you want to find your 另一半, or just make new friends, come check out CC Salon's events!

## Sit back and allow the Coffee Master to set your soul free ...for a while

Zixiang Ye, from Zhuhai, is known by his friends in the shop “Leaf”. He started to work as a part-time barista in Starbucks since university and now, he’s the Duty Manager of the Starbucks branch of Taiping St. Every morning, Zixiang Ye stands behind the counter and prepares all kinds of coffee. “Hello, what would you like to have today? More cream, less sugar? We have different kinds of hand-made pastries which would be great add-ons to go along with the coffee. Whether you are from the neighborhood or just passing by, Zixiang Ye and his fellow baristas will treat you like family. People living near Taiping St and



**STARBUCKS®**

tourists will visit Starbucks, wait in line, order, pay, then find a good, comfy spot, sit, enjoy the view of the old street and have their coffee—this has become a ceremonial routine. Zixiang Ye calls this a “not easily acquired experience”. In places like Taiping St “enjoying the time under the sun, and observing life, your coffee instantly gets better”. said Zixiang Ye, while making manual drip coffee. According to his previously drafted extraction plan, the time of extraction will last around a minute and half with water temperature around 88~92 degrees.

Zixiang Ye suggests that one should finish their manual drip coffee within 2~3 minutes so that they can fully taste the flavour. “Smell it, taste it,



feel it, describe it”. In those four steps, every type of coffee beans’ unique flavor would spring to life in your mouth. Starbucks uses 100% Arabica beans, “we have beans from Latin American, Asian Pacific, and African regions.” Zixiang Ye is a certified Starbucks Coffee Master; apart from superb coffee making skills, he needs to know and be able to distinguish acidity, purity, flavour and other fine details. “For example, this Starbucks Christmas Blend Coffee Beans, lively blending with Latin American beans, mellow Indonesian coffees or these rare aged Sumatra, which are full of sparkling seasoning of joy, richness, bold flavors and alluring spicy notes.

He possesses the skill to control humidity, temperature, the extraction ratio and a proficiency and patience of a craftsman. Zixiang Ye feels that each and every customer shares the same temperament. “Everybody is different, but it’s just that tiny bit that we share which brings us together, and that would be coffee.” Coffee shops are like people, they grow but you will depend on it eventually. “We are just a coffee shop where one can stay all day long no matter what is happening outside, a place full of joyful memories, not some shop that only sells coffee.”

Did you know?

**The first English language use of the term?caffè latte?is credited to American author William Dean Howells in his 1867 essay “Italian Journeys”**

Q&A:

*How to choose the perfect coffee?*

*Zixiang Ye: “If you want something sweet and some distinctive flavour then go for mocha, vanilla latte, caramel macchiato. Latte and cappuccino are for people wanting more richness in their coffee. If you want original black coffee, Americano and freshly brewed coffee are your best choices. Those drinks can have other flavored syrups added, skimmed milk, soymilk, and decaffeinated coffee beans as well. As for green tea latte and red tea latte, they comprise of tea and milk with no coffee added.*

*How to know if the beans are good or bad?*

*Zixiang Ye: “First, the smell. Fresh beans have a strong aroma. Secondly, look at the beans, the plumper, well distributed, the better. Less splintered beans are better too.*



Starbucks TaiPingJie Street branch: Opened in Dec, 2012, the Taiping St, is the only traditional Chinese style Starbucks in Hunan Province. Enter through the retro style metal door, sit by the Lotus murals and traditional Chinese style lights and slowly enjoy the manual drip coffee done by coffee masters, creating a very special feeling.



# Changsha Card Discounts Directory

长沙卡：所有打折信息——请看这里！

更多消息尽在：[www.wnichangsha.com/card](http://www.wnichangsha.com/card)

## TOP DEALS ON THE CARD

CAFFE BENE (YALI/HOUJIATANG)

50% OFF all DRINKS on THURSDAYS



FORGOTTEN CORNERS

40% OFF all HAIRDRESSING



HN FITNESS (CSU)

45% OFF any time



ID MALL CINEMA

40% OFF all NORMAL SCREENINGS on WEDNESDAYS



LONGHUA HOTEL (XINGSHA)

30% OFF (158YUAN) the BUFFET



ORANGE ISLAND SPA RESORT

30% OFF outdoor pool, sauna, spa, massage , rock climbing



PANDA BAR

30

30% OFF all DRAUGHT BEER



## WHAT'S NEW IN CHANGSHA CARD...?



### CRAVE RELOCATES TO WANDA PLAZA MALL

One of the city's top expat hang outs offering superbly made burgers and many other filling dishes as well as a central place for meeting up and drinking till the early hours.

### BARRY'S PUB JOINS (AND SELLS) THE CHANGSHA CARD

Offering a new range of cocktails every month and awesome live music, bringing the art of the 'jam session' to the city, Barry's (Irish) Pub is a hub for artistic and creative fun and talent.

### BISTRO BERLIN BRINGS FINE DINING TO THE CARD

One of the Changsha's top fine dining restaurants makes its mark on the Changsha Card. Mario's bring fantastically prepared and carefully cooked European dishes in beautifully elegant surroundings.

### MARIO'S KITCHEN - A NEW GYM+BAR CONCEPT

A brand new gym+light bar complex (opens on 1st October), with Mario as head chef (see Bistro Berlin). Stylish, smart, up scale but not expensive, this is a retreat and full chillax bar arena.

We also say farewell to APERITIF and VINJOY

These businesses are no longer on the card or have since closed

### MEGA HAS BRAND NEW CARD DISCOUNT!

Now get 50% BIGGER pattie when you order a bacon or cheese burger + Beer of the week 25-50% OFF (Starting with Boddingtons)

Situated in one of Changsha's newest and nicest malls, close to Furong Lu, ECASH serves awesome hotdogs ...plus the sausage is bigger than usual. Small, clean and smart, ECASH is a quality dog place and well worth the visit.

Try the New York Hotdog, or how about the Korea Hotdog for a bit of spice? We recommend the Crab Salad Hotdog for incredible taste and value (pictured).

iCity Mall also has a few other good spots to visit, with a cinema and UK brand Mothercare.

## ★ WNIC's food pick ★ Ecash Hotdog



### EUROPEAN

#### 1910 French Restaurant / 橘洲1910法国菜

Changsha Orange Island, Near the visitor centre (southbound)  
Tel for bookings: 0731-85996399/88  
中国·长沙橘子洲头橘洲公园入口  
(游客服务中心旁)  
12% OFF the bill (A La Carte only)  
任何时段8.8折

#### Bistro Berlin

Kaifu district, Changsha Hunan, China  
中国·湖南省·长沙市·开福区  
12% OFF all food  
所有食物8.8折

#### Rive Gauche / 左岸·咖啡小筑

640 Lushan Nanlu, 3rd floor, Changsha  
Tel: 18274996460  
湖南长沙岳麓区麓山南路640号(交通银行对面三楼)  
10% OFF everything, anytime  
所有菜品9折优惠

#### Sophia Restaurant / 长沙苏菲西餐厅

C-104, HongMing Commercial Street, YuHua District, Changsha.  
Tel. 0731-85174108  
湖南省长沙市雨花区鸿铭中心商业街C座104号

20% OFF the bill (including drinks) every day (including deserts and takeaways)  
25% OFF the bill (including drinks) every Monday (Excluding first floor purchases)  
每天11点到晚上10点, 用餐可享受8折特惠! (包含所有酒水, 一楼外卖食品和甜点除外)  
每周一早11点至晚上10点用餐可享受7.5折特惠! (不包含一楼外卖食品和甜点)

#### Brooklyn Fellas / 布鲁菲洛美式西餐吧

B1 floor.LA Nova.188HuangXing road.FuRong.ChangSha, Tel. 86 0731 85124440  
湖南省长沙市黄兴路188号乐和城负一楼  
15% OFF the bill (excluding drinks) every day  
Get two FREE bottles of Coke on Mondays (In-store purchase) if you spend over 100yuan.

可享受每天除酒水外全单8.5折优惠  
每周一在店消费可免费享用两瓶可乐(消费累计100元或以上)

#### Ecash Hotdogs / Ecash Hotdogs

iCity plaza, 3rd Floor, unit 302a, Xiangchun Rd, Changsha  
Tel. 0731-88232087  
湖南省长沙市开福区湘春路泊富国际广场city美好生活中3楼302a  
15% OFF everything  
全场8.5折



Excellent designs over at Sophia's

### BURGERS/HOTDOGS

#### Element 1 / 壹号元素西餐吧

Xiaoxiang North Rd. Fisherman's Wharf, Changsha, NO.6, 1032-1034 (down, along the riverside pathway).  
Tel. 0731-89799459  
长沙市岳麓区潇湘北路渔人码头6栋1032-1034 (沿江负一层)  
15% OFF everything  
Special beers just 15 Yuan

任何时段8.8折  
特殊啤酒八五折

#### Let's Bar & Diner / 来吃吧美式餐厅

ID Mall: 4th Floor, ID MALL, 216 PoZi Jie, Tianxin, Changsha  
中国·湖南省长沙市天心区坡子街216号悦方ID MALL, L452.  
LiuYang River: A2-115, LiuYangHe Wedding Park, Furong District, Changsha  
长沙市芙蓉区浏阳河大道二段305号婚庆主题公园A2-115(银兴乐天影城右侧进入内街) Tel. 73185819559  
15% OFF the bill every day (excludes drinks)

享受8.5折优惠(酒水除外, 重大节假日)

不可使用) 此优惠不能和店内其他优惠叠加使用。

#### Mr & Mrs Aysh / 艾薯夫妇悦方店

ID Mall Shopping Centre, 3rd Floor, L312. Tel. 0731 82298236  
长沙市天心区坡子街216号悦方ID Mall商场3楼L312艾薯夫妇  
MixC Mall, Xingsha Rd, No. 178, 3rd Floor, L303 Tel. 0731 84075933  
长沙县星沙大道178号华润万象汇3楼L303  
15% OFF  
85折



Curry & Pancakes - great curry dish

### ARABIC / HALAL

#### Pakistan House / 巴基斯坦餐厅

Xiang Teng Guang Chang (behind BGG Plaza), Building No. 2, Gate 1, Room 602,  
Tel. 13170480221  
湘腾广场(步步高广场), 2栋1单元602,  
10% OFF the final bill  
整单消费九折



## CHINESE

### Bayintara Meat Co / 长沙巴音塔拉肉食有限公司

Baa, #A103, Lan Shanjun Compound, Wang Xian Road, Xingsha, Changsha, Hunan  
Tel. 189 4257 4901 刘先生  
Tel. 136 7731 9331 张先生  
湖南省长沙市星沙望仙路(星沙大道与望仙路交汇处向东100米)  
蓝山郡小区 A103 (蒙鲜)  
10% discount for all the cooked lamb meat except the shashlik

(No discount for those foods that are made by minced lamb meat)  
10% discount for all the raw lamb except raw shashlik  
No discount for those raw foods that are made by raw mince lamb meat, such as dumplings.

所有熟肉均九折, 除了烤羊肉串由羊肉做成的其他熟食, 如饺子, 馅饼等不参与折扣  
所有生羊肉均九折, 除了生羊肉串  
店里由生鲜肉做成的其他熟食, 如生饺子, 不参与折扣

### Cimi Restaurant / 瓷米湖湘菜

Orange Island (North End), Temple Street Commercial Complex, Changsha. Tel. 84721090  
长沙市岳麓区橘子洲将神庙庙前街  
12%OFF all food dishes (15%OFF all drinks), everyday

所有的食物8.8折, 所有的饮品8.5折

## PIZZA

### Leeds Pizza / 立滋

Feng Ting Lu, No.11905, Tel. 0731-89676732  
凤亭路口11905号门面 电话  
10%OFF everything (excludes deliveries)  
但凡使用长沙卡, 所有消费享受9折优惠 (外卖不享受折扣)

### Manjiezou Coffee & Pizza / 慢节奏咖啡披萨西餐厅

Man Jie Zou American Restaurant, Longwan International Community, Tianxin District, Changsha City, Hunan Province, China  
长沙天心区高云路龙湾国际社区, 410000  
Tel: 0731-88609221  
10%OFF all coffee  
咖啡九折  
15%OFF all food  
餐点八五折

## BUFFET

### Longhua International Hotel / 隆华国际酒店

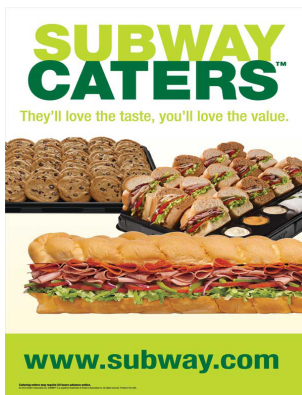
NO.199, Hongqi Road Furong District, Changsha (Xingsha)  
Tel: 18075108515  
长沙市芙蓉区红旗路199号  
15%OFF He Hui Chinese Restaurant (excludes seafood/wine/service charge)  
30%OFF - 158yuan per person (Buffet)

八五折, 禾荟中餐厅  
七折后: 自助餐158元一位

### Xiandai Gloria Hotel / 长沙现代凯莱大酒店

Xiandai Square, 128 Second Section, Furong South Road, Changsha, Hunan Province  
中国湖南省长沙市天心区芙蓉南路2段128号现代广场  
Tel: 0731-88708888  
12%OFF at the Truffle's French Restaurant (includes set menu)  
128RMB for lunch (normally 198RMB + service charge) and 168RMB (228+charge) Taste Western Restaurant Buffet.  
12%OFF in Sampan Chinese Restaurant and lobby lounge bar

金松露法餐厅8.8折 (包括套餐)  
品味西餐厅自助餐午餐门市价198元/位, 晚餐门市价228元/位, 加收15%服务费, 给予优惠价午餐128元/位, 晚餐168元/位 (免收服务费)  
餐饮部其他部门 (大堂吧, 船中餐厅) 8.8折



Check out Cafe Amore's new Star Pizza!

## WORLD FOOD

### Cafe Amore / 咖啡爱磨

4 floor Bofu International Plaza: Furong Road No.564 Furong Road and Xiangchun Road Intersection, Changsha  
Tel. 0731-89838420  
长沙市开福区芙蓉中路泊富广场1 C I T Y 4楼  
15%OFF every day on food and drink  
持卡可享受85折优惠  
Buy 1 Beer Get 1 Free on Fridays  
在星期五啤酒可以买一送一

### Curry & Pancake / 爱顿欧风餐厅

Hexi Family Mall, 6th Floor, Hanging gardens, Changsha  
Tel. 0731-89969519  
长沙市岳麓区咸嘉湖街道王府井购物中心6楼  
7up Mall, 2nd floor, Wuyi Square, Changsha  
Tel. 0731-84190315  
7up店, 五一广场7up商场2楼  
12%OFF everything

消费8.8折

### Just Pancakes / 长沙佳食餐饮管理有限公司

Just Pancakes, riverside 1035-1036, Fishman Wharf. No. 1088 North Xiaoxiang Road, Yuelu District  
Tel. 0731 8979 8911  
岳麓区潇湘北路1088号渔人码头沿江1035-1036 松饼工厂  
15% discount for all dishes and drinks  
全场8.5折

### Mint Cafe / 薄荷糖茶饮甜品店

No. 84 Xinjianji Road (On the opposite of 21st middle school), 410000.  
Tel: 18075111137  
新建西路84号(21中学正对面), 410000  
All Drinks 20%OFF (Mon-Fri)

所有饮品八折

Buy 2nd Cocktail 50%OFF (Sat & Sun)

周末鸡尾酒第二杯半价

### Obelisco Argentina Steakhouse / 阿根廷庄园餐厅

1st Floor, InterContinental Changsha, No. 1500 North Xiangjiang Road, Kaifu District, Changsha, Hunan  
Tel. 86 731 8966 8866 - 8792  
中国湖南省长沙市开福区湘江北路三段1500号长沙北辰洲际酒店一层  
20% OFF the bill (excludes service charge)

整单消费八折 (不包括服务费)

### Papaya / 长沙啪啪雅餐饮管理合伙企业 (有限合伙)

La Nova Mall, 3rd Floor, Huangxing Rd., Changsha  
Tel: 0731-85141616  
长沙市芙蓉区黄兴中路188号乐和城3楼  
3-11 AUX Mall, Yuelu district, Changsha  
Tel. 0731-85141658  
长沙市岳麓区岳麓大道57号奥克斯广场3-11号  
15%OFF all food

食物享受8.5折

### KTM 2072 Nepalese Restaurant / 加都2072尼泊尔风情餐厅

Restaurants & Dining / 餐厅和饭店  
Top Floor of Brick facade building next to the Clock in Fisherman Wharf (Yuren Matou), 1088 Xiaoxiang Rd, towards north of Yingpen ling bridge in West side of the river, Yuelu District. Changsha  
0731-82563486  
长沙市岳麓区潇湘北路1088号渔人码头13栋顶层 (银盆岭大桥北, 渔人码头教堂钟楼尖顶旁, 靠江侧)  
2 free shots for each card holder  
每卡送二杯洋酒

### Mario's Kitchen / 马里奥德式私厨

North Star International Club, Dingjiangyang, North Star Delta, Kaifu District, Changsha Tel. 13973131136  
长沙市开福区北辰定江洋国际运动生活中心  
10%OFF all food  
所有食物9折

## SANDWICH BARS

### 4inches / 四英寸现烤三明治

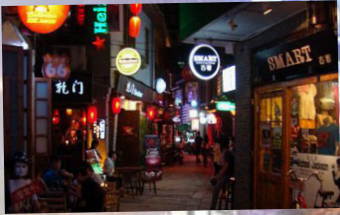
ID Mall, Tel: 82253744 悦方 Xiangjiang Century City area (nr North Bus stn), Tel: 82231897  
湘江世纪城 La Nova, Tel: 82255104乐和城  
20% OFF all sandwiches  
持长沙卡的客户三明治打八折

### Subway / 赛百味

No.418 Lao Dong Xi road, beside Yali School.  
Tel. 0731-85226760  
劳动西路418号, 雅礼中学旁, 赛百味雅礼店  
10%OFF all sandwiches

Get FREE SUBWAY DELIVERY (spend over 100RMB)

曲奇除外三明治以6寸为单位打折  
“使用长沙卡打折卡享受赛百味免费送餐”活动 (消费100元以上便可)



Where   
to grab  
a drink  
in the 'Sha

# Changsha

bursts to life at night! If you enjoy hitting the bars, clubs or food 'nightmarkets', then this city won't disappoint. It is in the 'China Top 10 Liveliest Cities' list. Changsha is also very compact with everything a short taxi ride, or even a short stroll sometimes, and overall, quite affordable with a price range to suit everyone.

## JIEFANGXILU

The heart of all night time fun is on JieFangXilu (near TaiPingJie and Walking Street). This busy avenue is as busy at night as it is in the day, with stylish bars and mega clubs thronging the avenue and small nightmarkets facing the backstreets.

Nearby is late-night food hub PoZiJie with more bars and clubs. Hot spots for foreigners include Hawa Bar and Helen's Bar, as well as M2 (Muse) club and Zouk Club (the newest addition). Windsor KTV is also nearby as are several other 24-hour complexes. There is also Panda Bar at Wuyi Sq, for great draught beer!

## XINMIN LU

Another 'bar street' which is sometimes frequented by foreigners, is that of Xinmin Lu (on the West side of the river but still not that far from the city centre). Here you'll find some bars like Hawa (largely considered by many as one of the best 'Hawa bars' in Changsha). Crave (probably the best expat bar) used to be located here but is now right behind Wanda Plaza Mall on the East side. Also on Xinmin Lu is 46Livehouse is a large, underground dance arena which often has visiting bands and dance parties including many hosted by the popular foreign DJ-set Electric Underground.

## HUALONGCHI

Back on the East Side, HuaLongChi is often called the original 'bar street'. It is a visually stunning collection of small bars, nestled along a quaint, cobbled street, with hanging balconies and some great rooftop bar pads. This is a superb place for bar hopping and catching some live music acts. HuaLongChi is located midway on Walking Street and off RenMinXiLu (which crosses under Walking Street) right next to Metro L1 entrance.

## WANDA PLAZA / LA NOVA AREA

Crave Deli & Bar is arguably the biggest and most popular expat bar and restaurant. A supern range of food, burgers and chips, pizza, make this unbeatable (also see Mega bar, below, for amazing burgers and pizza). It's easy to make friends and hangout at Crave, located on the street behind Wanda Plaza Mall near the Wanda Vista Hotel close to the riverside and subway line 2 (XiangJiang Middle Rd Stn). A 5 min walk north takes you to Barry's Pub, near La Nova Mall. A small, very cosy pub where live music is usually on offer (by foreigners who love to jam) and artists hang out. It's also great for a range of drinks and has recently started some great Friday night parties. A great dance place! Check out the addresses for both of these hot expat bars in the Changsha Card bar listings (opposite page).



Left Barry's Pub on a Sunday night; Right: Crave Bar's new interior

## HOUJIATANG / DONGTANG

Near HeLong Stadium /Ferris Wheel is Houjiatang where you'll find another budget but fun Hawa Bar. A few bus stops Eastwards along LaoDongXiLu and just passed DongTang junction is Aussie-run Mega Bar which has great drinks, live sports and very tasty burgers, pizzas and more. A little further south from that you can also try the Paulaner Brauhaus at the rear of the Kempinski Hotel (on ShaoShanNanLu).

Changsha also does well for 'food nightmarkets'. There are many scattered around the city but the largest one is probably found just south of Walkig Street and along the riverside. There is also a good one at La Nova Mall. These food-markets often go on until 4-5am.

There are many more bars but simply too many to mention here. For more details, addresses and advice, check out our website [www.wnichangsha.com](http://www.wnichangsha.com) which has more great, local city guides.

WNIC has info on all the bars and clubs in Changsha. This list is just our pick. Why not drop us an email to give your own suggestions? [wnic@qq.com](mailto:wnic@qq.com)

**Barry's Pub**

89 Huangxing Road North, Kaifu, Changsha  
(Behind Woll Up skateboard shop and park)  
Tel. 180 731 66277  
湖南省长沙市黄兴北路89号上城金都国际公馆116号门面  
From Monday to Thursday, All draught beer 10%OFF  
Selected Cocktail of the Month, 15%OFF  
Enjoy 50% of selected Happy Hour party Cocktail everyday from 7:30 p.m. to 9:00 p.m.  
星期一至星期四所有生啤9折  
当月之选鸡尾酒8.5折  
每晚7点半到9点的happy hour部分鸡尾酒半价

**Beer Station / 有哈数啤酒便利店**

Shuyuan Lu, (5min walk from South Gate), opposite the metallurgy building, Tel: 1380845720  
书院路锡庆里83号冶金大厦对面  
1 free draught beer on Mondays and Thursdays if you buy 3 draught beers at the same time  
周一和周四晚上在啤酒便利店一次性消费三杯生啤可免费获得另一杯生啤

**Crave Deli & Bar / 梦寐以求西餐吧**

C31 West Street, Wanda Plaza, Changsha, Hunan  
湖南省长沙市开福区通泰街街道万达广场开福金街C-31 梦寐以求西餐吧  
Monday to Thursday: 10%OFF all food  
Buy 1 brewed coffee and receive unlimited free refills  
星期四: 所以食物9折  
任何时间段: 买一杯咖啡享无限续杯

**Mega Cafe & Sports Bar / 西餐吧**

57-1 LaoDong Zhong Lu, DongTang Dong, Changsha.  
Tel. 15874026331 (English). Tel: 15874035131 (Chinese)  
长沙市雨花区劳动中路57-1号  
Get 25-50%OFF the Beer of the Week  
Get 50% bigger meat pattie when you order a bacon or cheese burger  
每周特定啤酒7.5折至半折  
购买起司或培根汉堡赠送50%额外的汉堡肉

**Oops Drink & Food**

86 Renmin Xilu, Changsha. Tel: 0731-89605585  
长沙市天心区人民西路86号  
10%OFF everything  
Happy Hour Special: Selected cocktails only 40Yuan

全天9折优惠  
快乐时光特价鸡尾酒

**Panda Bar / 熊猫精酿餐吧**

6# WuYi HuaFu, Wu Yi Square  
Tel: 0731-88169898  
五一广场五一华府6号  
15% Off all food  
食物享受85折  
30% Off craft (draught) beer  
自酿啤酒享受7折

**Paulaner Bräuhaus / 长沙普拉那啤酒屋**

No.419, Shaoshan Middle Road, Yuhua District, 410007 Changsha, Tel. 0731 - 8463 3333  
湖南省·长沙·雨花区·韶山路419号  
10% OFF all draught beer and food, anytime  
所有的生啤和食物均享九折

Cannot be used in conjunction with any other discount / 此优惠不能和店内其他优惠重复使用

**Sky27 / 酒吧Sky27**

27th Floor, InterContinental Changsha, No. 1500 North Xiangjiang Road, Kaifu District, Changsha, Hunan  
Tel. 86 731 8966 8866 - 8740  
中国湖南省长沙市开福区湘江北路三段1500号长沙北辰洲际酒店27层  
10% OFF the bill (advance booking necessary)

会员尊享SKY27全单9折优惠 (需提前预定)

**Tiki Bar / 烤Bar**

长沙市岳麓区枫林一路红叶山庄103号 (西湖公园地铁站出口往西300米, 老灶台旁) . Tel.15802687827  
103 Fenglin YiLu, Yuelu District, Changsha.  
22%OFF all drinks  
12%OFF steak, pasta, salad, BBQ and snacks  
所有酒水7.8折  
牛排、意大利面、沙拉、小吃、烧烤8.8折!

**Taphouse /Taphouse**

Yinpen Nan Lu, opposite Chuangyuan Lu (behind the main road), Yuelu District, Hexi. Tel: 13808455720  
长沙市岳麓区麓源路104号 香水湾都市假日酒店后面  
10% OFF everything

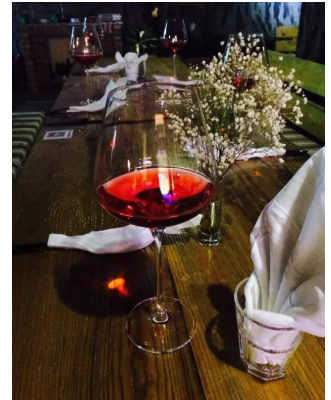
酒水全场9折

**Uknow Bar / 有路**

Xiangjiang Zhonglu, Erduan 110 hao (Baoli chuanguke guoji duimian)  
Tel. 13787086421  
湘江中路二段110号 (保利创客国际对面)  
10%OFF all drinks, anytime  
酒水全场9折



Expect full on live music in a living room-style pub that brings a snug-home to your heart



Tiki Bar is the latest addition to our bars on the West Side, located near Xihu Park metro



Crave is an extremely popular expat hangout and often holds parties and contests

**Caffe Bene (Yali/Houjiatang) / 咖啡陪你东塘雅礼中学店**

Laodongxi Lu, Number 408, Changsha(beside YALI Middle school). Tel. 0731-88936961  
长沙市雨花区劳动西路408号雅礼大厦一楼 咖啡陪你  
50% OFF all coffee/drinks on Thursdays  
15% OFF all coffee/drinks (any day except Thursday)

周四咖啡和饮料五折。说明:不与店内其他优惠同享。平日咖啡和饮料八五折  
平日咖啡和饮料八五折。说明:不与店内其他优惠同享。

**WES Coffee**

8,Dongyi Road,Xingsha,Changsha,Hunan Province,China 410100  
Tel.15200806858  
中国湖南省长沙市星沙东一路8号  
10%OFF for coffee and hot drinks(hot tea and hot chocolate drinks)  
10%OFF for any Fresh dessert and food (made by Kitchen Backyard)

咖啡, 热饮(热茶和热巧)打9折  
所有新鲜的点心食物9折(后厨提供)

**La Vie En Rose / 共享玫瑰人生**

Chao Zong Jie Chao, Kaifu district, Changsha city, Tel. 0731-8877 7788  
长沙市开福区潮宗街潮宗里11号  
10% OFF everything (excludes

items for general sale)

仅限菜单消费9折 (货架商品不参与折扣)

**Maancat Coffee (Xingsha) / 漫咖啡(星沙)**

Xingsha Road/Teli Road junction, west gate of Lanshan County Complex West Gate, Room 2C - 110  
星沙大道与特力路交汇处, 蓝山郡西202%OFF all purchases

长沙的客服享受本店所有单品8折优惠

**Snail Yard Lounge / 蜗牛院子**

Orange Island (North End),

Temple Street Commercial Complex, Changsha  
Tel. 17387146666  
长沙市岳麓区橘子洲将神庙 庙前街  
10%OFF all purchases

即可享受9折优惠

**Timesharer / 时光之尘咖啡馆**

Room 202 ,NO.167  
Taiping historical street (Taipingking) ,Tianxin District, Changsha  
Tel. 0731-85519968  
长沙市天心区太平老街167号太平里文化创意社区202室时光之尘咖啡馆  
12% OFF everything  
所有消费8.8折

## HEALTH & BEAUTY

### DWing Dance / 滴云舞蹈

H=29 floor, Zhongtian apartment,  
Furong square, Changsha  
Tel. 18684695038  
芙蓉广场中天公寓29楼  
10%OFF  
9折

### Forgotten Corners / 遗忘角落

Duzheng street (off Renmin Rd), No. 24. Tel (reserve):15874806050 (Weiwei bo)  
人民西路都正街24号  
40%OFF all hair dressing  
(reservations strongly recommended)  
凭长沙卡可享受本店服务项目6折

### HN Fitness / 湘体健身会所

3rd /4th floor, Ao ke building, No.1 of Ti Yu Guan Road, Tel. 0731-84532008 / 85501199  
长沙市开福区体育馆路88号奥克大厦四楼湘体健身  
20% OFF each visit (20% OFF HN Fitness VIP cards)  
八折优惠

### HN Fitness CSU / 华鹰健身\*麓南店

No. 59 on the 3rd Floor of South Yuelu City Commercial Plaza, Changsha (opposite Central South University on the junction of Lushan Lu/Qingshui Lu, above a Starbucks), Tel. 0731-82289663  
长沙市岳麓区清水路59号中南麓南商业广场三楼 (中南大学本部校门正对面)  
45%OFF

那就都5.5折吧

### Mayo Dental Hospital / 美奥口腔医院

Near Wanda Plaza: Wanda Apartments, Wanda Plaza, 16 (overlooking XiangJiang Middle Rd subway stn, Line 2).  
我们的分院也叫美奥口腔, 客户过去同样享受相同折扣。地址: 万达广场万达公馆16栋。  
Near Train Station: Changsha, 785 Chezhan Lu  
长沙市雨花区车站南路785号 (人民路立交桥南/港岛旁).  
Tel. 0731-89912222  
15%OFF the bill (excludes medicine and oral care products)

来院可享受所有治疗项目8.5折优惠

### Nicole Nails / 妮可美甲

La Nova Mall, 4th Floor, Changsha  
长沙市黄兴中路188号乐和城4楼你好漂亮养生会所  
10% OFF, anytime  
消费9折

### Orange Island Spa Resort / 橘洲沙滩体育休闲文化园

North Juzizhou (Orange) Island, Changsha city,  
Tel. 0731-89679599  
长沙市橘子洲风景区北端  
60Yuan OFF hotel rooms  
15% OFF foot massage/majiang  
30% OFF outdoor swimming pool/  
camping/basketball/rock climbing/  
sauna+hot springs

精品大床房 399元/间 339元/间, 全景房间 699元/间 639元/间, 江景套房 899元/间 839元/间。  
SPA、足疗、棋牌项目八五折。水运动中心 (户外) 温泉项目: 七折。五、露营、篮球、攀岩运动项目: 七折

## FUN & ENTERTAINMENT

### ID Mall Cinema / 星美国际影城

场所  
5th floor, ID Mall, PoZiJie, Changsha, Tel. 0731-82949777  
湖南省长沙市坡子街悦方ID Mall五楼星美国际影城。  
40%OFF tickets to all screenings (Wednesdays only)  
享正价6折购票优惠 (仅限每周三)

## CLOTHING/ACCESSORIES

### North American Lifestyle / 北美生活

生活用品  
Dong Feng Lu, Four Season Flower Garden Community complex (opposite the provincial museum, on the street adjacent to the Lajiao Chaorou restaurant)  
Tel: 13787254761. Wechat number / 微信号码: 625928093.  
长沙市开福区东风路四季花城 (省博物馆对面, 辣椒炒肉旁边的巷子进来)  
12% OFF all clothing purchases (15%OFF if over 1000RMB)

5%OFF health supplements

所有服饰打8.8折 (超1000RMB8.5折)

保健品9.5折

## NON CHANGSHA CARD BUSINESSES

### Bachs Bakery

(Charity run German bakery)  
Xiang Chun Xiang #8, Kai Fu Qu, Changsha, Hunan, China Look for the Bach's Bakery sign).

### MaiTian WuXian

(Hunanese cuisine)  
麦田无限, 247中山路, 长沙.  
Zhongshan Lu (behind La Nova Mall and close to the Wanda Mall development). 0731-89705757

### HuoGongDian

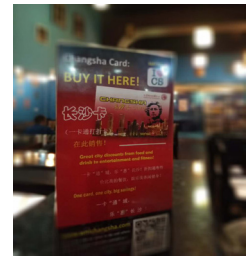
(Historic building & Hunanese cuisine)  
PoZi Jie 127, Changsha (near ID Mall). Subway: Wuyi Square (walk to ID Mall about 10 minutes).

### Woll Up

(Skateboarding accessories)  
- Beside Barry's Pub, see above.



Get an awesome 20%OFF everything at all 4 Hawa bars! Affordable, fun nights out!



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\*Crave Deli & Bar\*  
C31 West Street, Wanda Plaza, Changsha, Hunan  
湖南省长沙市开福区通泰街街道万达广场开福金街C-31 梦寐以求西餐吧

\*Mega Sports Bar & Cafe\*  
57-1 LaoDong Zhong Lu, DongTang Dong, Changsha.  
长沙市雨花区劳动中路57-1号

\*Barry's Pub\*  
89 Huangxing Road North, Kaifu, Changsha (Behind Woll Up skateboard shop and park)  
湖南省长沙市黄兴北路89号上城金都国际公馆116号门面

\*WES COFFEE\*  
CWA International School (Xingsha)  
(长沙玮希国际学校&长沙玮思学校)  
8 Dongyi Road, Changsha Economic and Technological Development Zone, Hunan  
湖南省长沙经济技术开发区东一路8号

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我们的目标就是让孩子们无论在他们活着时还是离开了都能享有尊严和感受关爱。



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PR Manager email 公共关系经理 邮箱: [1870378933@qq.com](mailto:1870378933@qq.com)

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