

# CHANGSHA



WVIC?  
Hualu Culture  
华旅文化

## WHAT'S NEW IN...

Changsha's FREE English language magazine for foreigners and Chinese alike!

May / June



Interview with

# DEXTER

## The 'acrobats of Changsha'

*also inside...*

### Changsha's

### community clinics

*and*

### Getting a cleaner quality of air



*Bar Review:* Blue Valley Jazz Club

# Obelisco Argentina Steakhouse

## Changsha InterContinental

1500 XiangJiang Bei Lu, 3rd Section, Kaifu District, Changsha



阿根廷庄园——长沙店。坐落于长沙市开福区，湘江与浏阳河交汇处的北辰洲际酒店一层，地理位置优越，泊车便利。餐厅设计风格独特，用餐环境高贵典雅。

餐厅为您提供多样化的地道阿根廷美食：鲜美的陶盖蒜蓉大虾，爽口的阿根廷河岸沙拉……餐厅所用牛肉全部从阿根廷进口，配以阿根廷传统辅料，让您享受到原汁原味的阿根廷烤肉，再配以阿根廷百年酒庄提供的红酒，以及热情的服务，南美风情尽享其中。

阿根廷拥有众多的葡萄园和酒庄，先进的酿造工艺使阿根廷葡萄酒在国际众多大赛中屡屡获奖，从产量到质量，阿根廷成为新世界葡萄酒代表性国家。在这个烤肉风靡的国家里，葡萄酒占据着重要地位。鲜美的烤肉，佐以醇浓的红酒，成为阿根廷美食的典型标志。

阿根廷烤肉是与法菜、意菜一样具有鲜明民族风格的美食。阿根廷烤肉选用无比新鲜的上等牛肉，所用烤肉都经过严格挑选，以确保肉质极致鲜美。由于阿根廷烤肉选料严格，制作考究，用料注重搭配，它受到了世界各国人民的喜爱。

精致阿根廷烤肉，原汁原味，肉质丰厚，鲜美多汁，加之缤纷多彩的各式佳肴，色彩斑斓，清新诱人，美味与营养并重，令人不能拒绝。无论商务会谈还是友人小聚，抑或仅仅是来一饱口福，浓郁的异国氛围，正宗的阿根廷美味，都将让您享受一次热情洋溢的“阿根廷之旅”！

餐厅地址：长沙市开福区湘江北路1500号北辰洲际酒店一层阿根廷庄园  
订餐电话：0731-86451666





## Contributors

### Management staff

Damion Braithwaite  
 (Editor/Founder)  
 Daniel Zhang  
 (Assistant Editor)  
 Jamie Omer  
 (Music Section Editor)  
 Naomi Fu  
 (Quality Control)

### Edition (in content order)

Jean Hugo (cover)  
 Jaye Plant  
 David Whittal  
 Morag Hobbs  
 Barry Grimes  
 Wesley Harris  
 James Green  
*Humans of Changsha:*  
 Sunny  
 Cheryl  
 Oliver  
 Angelica  
 Daniel Zhang  
 Titus Tan

### Additional thanks to:

Glee  
 Salil  
 Link  
 Kirsty  
 Victor  
 Echo  
 Mr Yuan  
 Mike  
 The WNIC Team

We also want to thank all the  
 WNIC supporters in Changsha!

----

This magazine is supported by  
 Hualu Culture.

WNIC reserves the rights in  
 all aspects of this magazine,  
 including all sponsorship, guest  
 advertisers and all other content  
 produced by contributors.

Copying of any article, image  
 or information printed in this  
 magazine is by permission only.  
 Email [wnic@qq.com](mailto:wnic@qq.com) to enquire.

WNIC is Changsha's largest  
 foreigner information service.  
 We welcome new contributors,  
 advertisers and partners.

Welcome to the 1st ever edition of "What's New in Changsha?"

This is a momentous occasion for 'WNIC' which is the biggest online service for expats and any Chinese friends in Changsha and provides listings of upcoming events, local news, guides on city bars and restaurants as well as stuff further afield, across beautiful Hunan! WNIC is determined to help Changsha and Hunan be a truly global, famous city!

Plus, be sure to bookmark our mother website: [www.wnichangsha.com](http://www.wnichangsha.com)

WNIC has been serving the foreigners and Chinese of Changsha since 2011 and is now a popular media platform with over 8000 followers (to date). It is getting more members and getting more in touch with 'CS' daily.

Don't miss out on the Changsha Card, another WNIC project, which is designed to save you money across the city that we so much enjoy.

Article submissions and high def images are very welcome! We need your help, as a city-wide community, to ensure we can all enjoy ourselves.

Happy reading!

Damion (Editor & CEO of WNIC)



欢迎阅读首期“长沙有什么“星”见闻”（简称 WNIC）的城市期刊。

WNIC是一家面向长沙的外籍群体和广大英文爱好者们提供最及时的本地饮食娱乐音乐休闲讯息的最大的英文线上媒体，旨在用英语将长沙的本土文化进行最好的诠释和国际化推广，本期刊即为更深一步的拓展，努力推进长沙早日成为国际化都市，使湖南为世界人民所了解！

这是WNIC的官网[www.wnichangsha.com](http://www.wnichangsha.com)

WNIC线上媒体自2011年以来成为本地的最多的外籍人士及英语爱好者的最热门的线上信息服务媒体，迄今已有超过8000的粉丝群。并且还在聚集越来越多网友的关注

不得不提的是WNIC旗下的一卡通打折卡“长沙卡”，主要是面向长沙的中高端中西餐及娱乐健身会所，为不同国籍的持卡人均能得到优惠乐享长沙生活。

欢迎原创文字及高清美图投稿！WNIC 和你一起见证长沙的美好！

祝您有个愉快的文字体验之旅

大明（编辑 & WNIC创始人）

# What's On in Changsha...

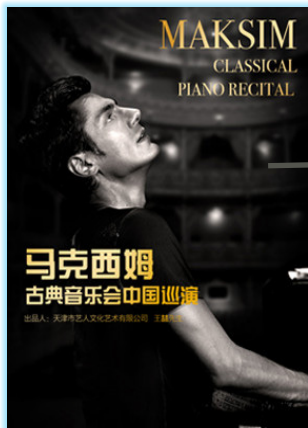
## 长沙正在发生什么。。

A look ahead at some of the major events due in Changsha. Know of a big event? Let us know! wnic@qq.com  
看看最近长沙会发生什么趣事。晓得什么好玩事儿吗？分享给我们！wnic@qq.com



### Electric Underground charity party night (UK)

@46Livehouse  
2015.05.30



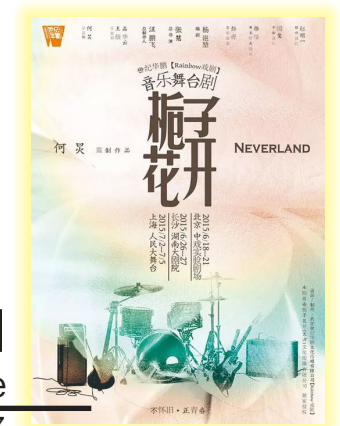
### Maksim (Croatia) Hunan Grand Theatre 2015.05.31

### Hamlet

by The National Theatre  
(UK)  
Hunan Grand Theatre  
2015.06.10



### Strawberry Music Festival Orange Island 2015.06.27-28



### Neverland @Hunan Grand Theatre 2015.06.26-27

According to the Changsha city Tourism Bureau and Liuyang Fireworks administration, the schedule for the year's fireworks season has been announced. The schedule includes a show on 4th July.

May 2, May 9, May 16, May 23, May 30, June 6, June 13, June 20, June 27, July 4, July 11, July 18, July 25, August 1, August 8, August 15, August 22, August 29, September 5, September 12, September 19, September 26, October 3 and October 10, October 17, October 24, October 31 (all dates subject to changes and confirmation)

*Reminder: Orange Island's Juzizhou subway station closes at 6pm on fireworks nights. It will not reopen until the next day. You can, however, see the displays from Orange Island (which does not close). Ka-Boom!*

## the summer months



### 2015烟花表演计划

You get 15% off every night at the Orange Island beer and music garden! Located on the North Side (in front of the main temple in the shopping complex) this outdoor light and sound spectacle is a great way to spend the warm evenings with a light breeze and affordable drinks! In fact, get 15% off any drink or purchase with the WNIC Changsha Card!

The garden typically starts from 8pm and runs until midnight. Beer towers (light and dark beer) and popular snacks, such as chips/fries and onion rings are easily bought. Seafood is also on offer.

Live music and weekend DJ party nights fill the island air in this relaxing, calm oasis of night time fun and socialising. Make a change, why not? Head to the island by subway or book a minibus off the island. For all information, confirmation of night transport and table bookings, call 18670717979!



### 橘子洲头啤酒花园

Learn about regular events in Changsha, including activities held by i.Connect, Cici Salon, the FCSA and other great groups!

[www.wnichangsha.com/regular-events](http://www.wnichangsha.com/regular-events)



Inside this very first edition...

p5... The acrobats of Changsha  
 p7... Hunan Hash House Harriers  
 p9... The big interview: Dexter  
 p15... Changshahua lesson 1#  
 p17... Bar Review:  
 Blue Valley Jazz Club

p21... Humans of Changsha  
 p24... The WNIC Review: Culture Party  
 p25... Changsha's economic leap:  
 Where are the people in  
 community clinics?  
 p27... The taxi djinni  
 p28... Getting a cleaner quality of air

Changsha is becoming more and more popular with people from across the globe, many of which reside here for work or studies.

By Jaye Plant

## 长沙杂技演员

I caught up with an acrobatic student residing and studying in China with Hunan Acrobatic Troup of China. Balthazar described his typical day to me and answered some questions about living and studying in Changsha.



### A Typical Day

8:45 - School starts

9:00 - Hand to hand Training

A circus discipline involving partner work, mainly throwing his partner high in the air. This lasts for two hours after which is lunchtime and a break.

11:00- Lunch Break

15:00 – Handstand Training

Two minutes holding a handstand against the wall, followed by one minute holding a handstand without the wall and repeated three times and finally repeated once again on a bench.

16:30 – Power Training

100 x touching your toes

100 x jumping with knees as high as possible

100 x superman stretches – on your front and lifting hands and legs off the floor

20 x jump over three benches

Walk 30 metres on your hands

19:00 – Additional Training

One hour of fitness training including 30 minutes cycling and 30 minutes running

It goes without saying that Circus training is not for the faint hearted. It involves a lot of fitness and strength training and dedication!

Balthazar has been professionally training in Circus for four years. He chose to become a circus artist because he always wanted to do something with his body and enjoys performing for large audiences. When asked to describe any favourite moments from his career to date, he said “the best moments are when you can get an audience in complete silence for showing them what you can do”.

Balthazar chose to come to China from France to complete more training, and more specifically Changsha, because one of his teachers was born and studied here. China is world-renowned for being one of the best countries to train in circus and acrobatics so it seemed like the best choice to continue his training. Balthazar really enjoys living in China. He “finds the Chinese people very friendly. Always want to help and always busy”

Tips for other people planning on moving to China “don’t let the smell or looks of some food pull you off” – just because it smells bad doesn’t mean it will taste bad! “Bring ear plugs! Chinese people are really loud!”

wnic?

Your Changsha Card is inside > 2015-2016  
您的“长沙卡”在内页 > 乙未羊年 / Year of the Ram

● One card, one city, big savings!  
一卡“通”城，  
乐“惠”长沙！

CHANGSHA card  
长沙

wnic? 售价：50RMB

**Think you could write a better article?  
Got some outstanding photos of  
Changsha?**

**We are actively looking for contributors  
to join our team of journalists,  
photographers and designers.**

**Do something great.**

**Be part of something big.**

Just email us: [wnic@qq.com](mailto:wnic@qq.com)

# Hunan Hash House Harriers

in association with



Picture gallery from the Hunan Hash House Harriers run from 1st May 2015



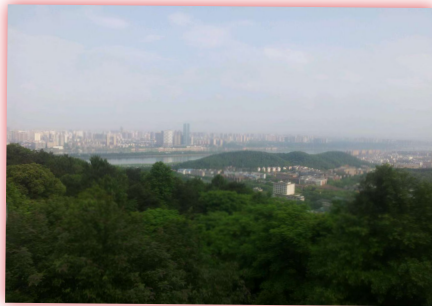
The 'down-downs' took on an icy twist



Hunan's hashers! Atop Yuelu Mountain!



Any time is selfie time



One of many views of Changsha en-route



Speech! Down the beer!



Crave Deli & Bar sponsored free T shirts

A word from Mr Fart (GM)

There is now a new Hunan Hash House Harriers (H3), based @ Crave Deli & Bar. <http://www.cravedelibar.com> It started with me posting about Hash House Harriers in What's new in Changsha Closed Group.

<https://www.facebook.com/groups/whatsnewchangsha/permalink/949544478403391> This was after checking out <https://sites.google.com/a/chinahash.org/chinah3/home> and discovering there are 23 Hash House Harriers listed for Mainland China, but none seemingly in Hunan Province. Damion Braithwaite MT founder of What's New In Changsha? / Promoter, was keen to give it a go and suggested

the May 1st Public Holiday. Trouble was, I was seemingly the only member of that Closed Facebook Group that seemed to have any Hashing experience. So we had a meeting of a preliminary Missmanagement Group that turned out to be all 'Brits' - Damion, Salil, Andrew, Kirsty and myself. (Morag and Lorena, missed that initial meeting).

I decided to see if there were any Hashes registered in Hunan Province and announce our intention to hold our inaugural Hunan H3 Run #001 on Friday

1st May, from the statue of Mao Zedong, near Hunan Normal University @ 3:30pm.

<http://www.wnichangsha.com/hunan-hash-house-harriers>.

php was the Official Website for Hunan H3 (set up by Damion), and a damn fine job he did of it too (especially considering he never really knew much at all about the Hash House Harriers (until I posted to his Facebook Blog)!)



It turns out that WAS a Hash House Harriers in Changsha, and started on May 28th, 2005. Many Changsha citizens have become it's enthusiasts from then on.

ChangshaHASH organized more than 180 Hash Runs it seems. From tentative beginnings with Hashers that could be counted on 2 hands, to more than 40 taking parts sometimes these days!

They state over 5,000 people have joined in ChangshaHash Running activities. Some Changsha HASH Members, began to learn of the great global power of HASHING after they attended an International Hash in Malaysia. On-On!



# Chilling out on Orange Island...



## 蜗牛院子

在工作和咖啡之间，我选择后者。

蜗牛院子，正如其名，有一个院子。这是一家美式田园风的咖啡馆。院子里大部分地面用木条铺设，其他裸露出泥土的地方都种满了花草，院子的后方还种着一棵树，树下有一些石头作为装点。



屋子里面的空间是纯白色的，屋子正中间一张白色的长桌，四张大小不同的纯白粗布沙发错落有致地摆在四周。开放式的小厨房也是白色的，包括做咖啡的机器。



蜗牛院子的主打饮品是“蜗牛咖啡”，除了意面暂不提供其他主食，会按时令推出鲜榨的蔬果汁。

The BIG interview

# DEXTER

与DJ视听Dexter  
的重大采访!

by Morag Hobbs

A Shanghai DJ who grew up in Qiqihar, NE China – Dexter’s first inspiration was Stevie Wonder before discovering artists such as Daft Punk who in his own words ‘dramatically opened his eyes’. I caught up with Dexter after his set with Electric Underground last month and we talked music, family, and what he’s got planned this summer.



Hi Dexter! You were recently in Changsha to perform at Electric Underground. What did you think of our Changsha crowd?

The crowd was young and energetic, made me feel warm and fuzzy (I wasn't drunk, I promise).

Did you try any local Hunan food while you were here? What did you think?

It's such a shame that I'm allergic to spicy food ...

Oh no! Our local readers will be sad to hear that. So when did you first decide that you wanted to be a DJ? How did you get from that point to where you are today?

I started with making my own music first. Then after high school I was free, and got time to throw parties and tour from city to city. Making music and DJing is like running and strolling, so I started my DJ career just like \*snap\* that. So basically I'm still doing what I was doing in university, just in a better way, from small towns to major cities, to other countries.

## RETEAR

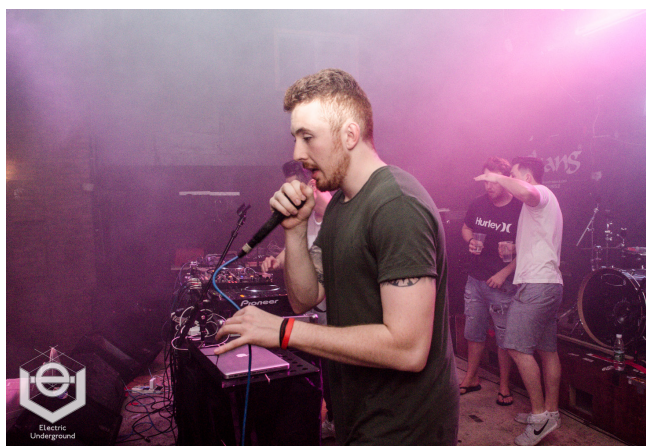
What music styles and/or DJs have inspired your music and how?

When I was younger, my parents made me play classical music for a while, then after a while I started to like it, which is probably a good thing! Turned out that it was the most vital aspect of the start of my love for music.

I was born in 1988, Michael Jackson was huge in China back in 90s. So classical music and theoretic knowledge were the foundation of my career, funk and soul was my inspiration. Stevie Wonder, Marvin Gaye, The Jackson 5 to me was like Chairman Mao to Chinese people back in 50s. Later on French electronic music played an important roll in my career, and right now A-Trak and Diplo are two of my favorite artists.

Your music stays away from new EDM style electro, focusing more so on its original form. What influenced you to go this way?

Players change with the game, as I see it I'm just a small town DJ and might as well just play what I like



and concentrate on the small group of music lovers. Meanwhile I'm in co-operation with some 'big names', we've been making lots of pop songs and EDM, so stay tuned this summer! What you make depends on the size and shape of your fan base, I might be releasing some extremely commercial music that they hate someday, but one should always remember not to hate the player, hate the game instead. And I'll always love the songs I grew up with.

You sample lots of artists such as Daft Punk, Basement Jaxx, Justice, Sebastian, Cassius, Uffie, Krazy Baldhead, DJ Mehdi, Mr. Oizo, Mr. Flash, the list goes on. Did you grow up listening to this style of music? If not, what drew you to these artists?

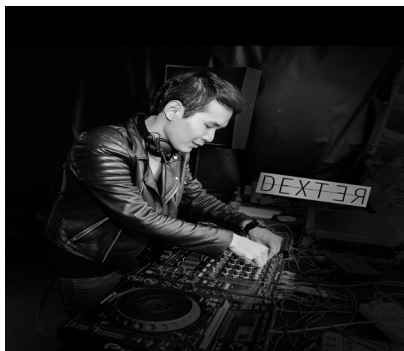
The digging started from Daft Punk when I was a teenager, then Justice and all the French musicians, to me dance music needs to be super direct and emotional and they pushed it to the limit.

More >

If you could sum up your music style in three words, what would they be?

909, 808, Chinese

909 and 808 are the drum machines we use mainly for making House and Hip-Hop music, and the music I play is mostly a fusion of House, hiphop and Chinese songs from decades ago, mostly from the 40s.



What other music genres do you enjoy listening to?

My girlfriend is a pop music vocal teacher, she's really into pop culture and so we listen to everything together. I personally don't have a favorite genre, if my life is a movie, music is the OST.

What's the best set you've played so far, in terms of the crowd reaction or for your career, where you just thought "wow, this is amazing"?

'Best Crowd Reaction' goes to Strawberry Xiamen 2014, a giant crowd showed me a whole lot of love. 'Most Important Gig In My Career' goes to Strawberry Shanghai 2015, I played right after Yuksek and a third of my music were my original productions.

Being a DJ is a dream that lots of people have. What advice can you offer for anyone who lives here in China and wants to start DJing but doesn't know where to start?

I've just released a song called 'Stop Trying', and that's the advice - if you're a DJ or want to be one, stop trying to be someone you're not. Just play your favorite songs and people

will feel your love and it will start opening doors. Of course there's lots of other keys like money, power, beauty, but not everyone has them, and they might open the wrong door for you.

If you weren't DJing, what would you be doing with your life? Or was this something you have always wanted to do?

My Dad's an art teacher and so art and design have been two of my biggest hobbies alongside music and basketball. My major in university was Industrial Design, so I guess if things had turned out differently I might be sketching a next generation toothbrush right now.

We have a lot of European readers. A little birdy told me you've been invited to perform on a European tour, can you give me any details of this? I know there are lots of readers who will be in Europe over the summer.

I've got a club gig in Amsterdam on my birthday, July 2, and then I shoot off to play at Free Festival in Almere on July 5. Please come hang out! And I believe our birdy was Jamie, shout out to Jamie and his Electric Underground Team, thank you for the support, and for spreading good music in China. And shout out to my manager Robin, you made my dreams come true. To my few European friends in London, Paris, Belgium and Holland, see you in the summer.

Sounds like you spend lots of time away from home! How have your family reacted to your career?

My parents are totally cool with what I do, they were scared that I'd become a die-hard artist like Vincent van Gogh when I was young.

Do they like your music?

They didn't like it until I remixed my grandma's favorite song! My parents are the greatest, they always give me the best advice in life and they're actually the ones who told



me to make dance music that both Chinese and foreigners would enjoy! Now my 'Chinese Future House' is all over China, and spreading out to Europe.

That's really cool! You've played numerous festivals and events throughout China, and the life of a DJ must get pretty crazy. Any crazy stories you can share with us?

The flight from Shanghai to Changsha for the Electric Underground gig last month was a crazy one. It's been flying low for about 40min, the pilot tried to bring it up into the clouds but apparently the plane was broken! The view was amazing though, it was a very clear day. Obviously it turned out fine - we had to turn around and fly back to Shanghai. Luckily I got on a flight an hour later and made the gig!

So what's next for you? Any big gigs/festivals lined up for the summer in China?

I'm playing MIDI Electronic Music Festival on May 16, then off to Holland. After that, I'll be touring with Strawberry Music Festival again until December. After all that, I'll probably stay home and play GTA online with my DJ friends for the winter!

Make sure you check out Dexter when he's next in Changsha - if he can squeeze us in through his busy summer schedule! Keep up to date with his new releases and tour dates on any of the below.



Facebook:  
[www.facebook.com/pages/Dexter-King/451295878316337](http://www.facebook.com/pages/Dexter-King/451295878316337)  
Soundcloud:  
[soundcloud.com/delta\\_kilo](http://soundcloud.com/delta_kilo)  
Instagram:  
dxxxxdexter  
Weibo:  
[weibo.com/dexterking](http://weibo.com/dexterking)  
Xiami:  
[i.xiami.com/dexterking](http://i.xiami.com/dexterking)

# 拥有尊享长沙卡—长沙省钱的最快捷方式!



Get the Changsha Card - the easiest way to save money!



Buy your Changsha Card from one of our agents or

Crave Deli & Bar

or

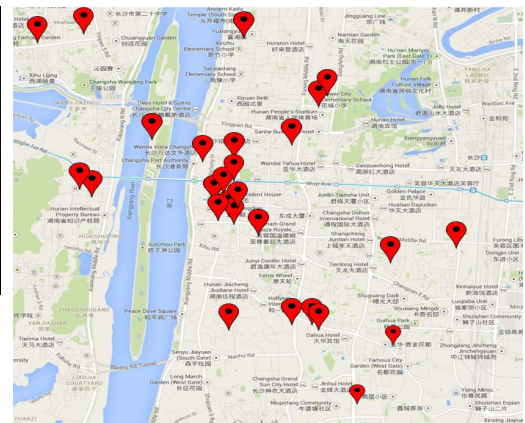
Mega Sports Cafe & Bar!

Find out more here

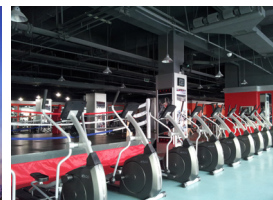
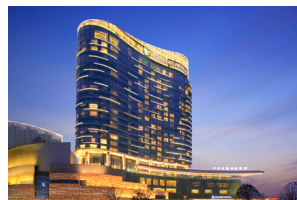
[www.wnichangsha.com/card](http://www.wnichangsha.com/card)



Save money at 31 businesses across the city!



Examples of Changsha businesses which accept the Changsha Card.



Top left clockwise;  
Orange Island Spa Resort; ID Mall cinema;  
HN Fitness; Paulaner Brauhaus; Leeds Pizza;  
InterContinental Hotel



# Visit, eat, drink or relax

## 橘洲古董钢琴音乐自助餐厅

---



Piano Buffet Restaurant

古董钢琴音乐自助餐厅以LOFT风格为主线，时尚简约营造了一个幸福浪漫的空间，以新鲜、卫生、健康、快乐为核心价值观，精美的产品特色包含中餐、西餐、广式茶点、自助火锅、海鲜、铁板烧考、刺身寿司、凉茶、时令水果，280余款自助美食不限量循环供应，免费提供啤酒，饮料，冰激凌，让您回味无穷，享受幸福浪漫的味道。

---



Orange Island sits in the heart of Changsha and the Xiangjiang river.

Subway station: Juzizhou (line 2).  
Last train about 10:30pm

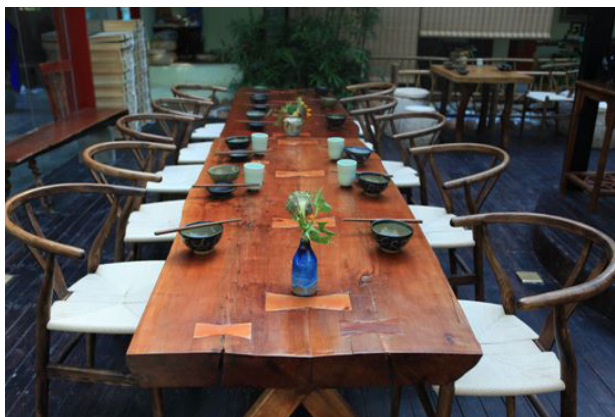
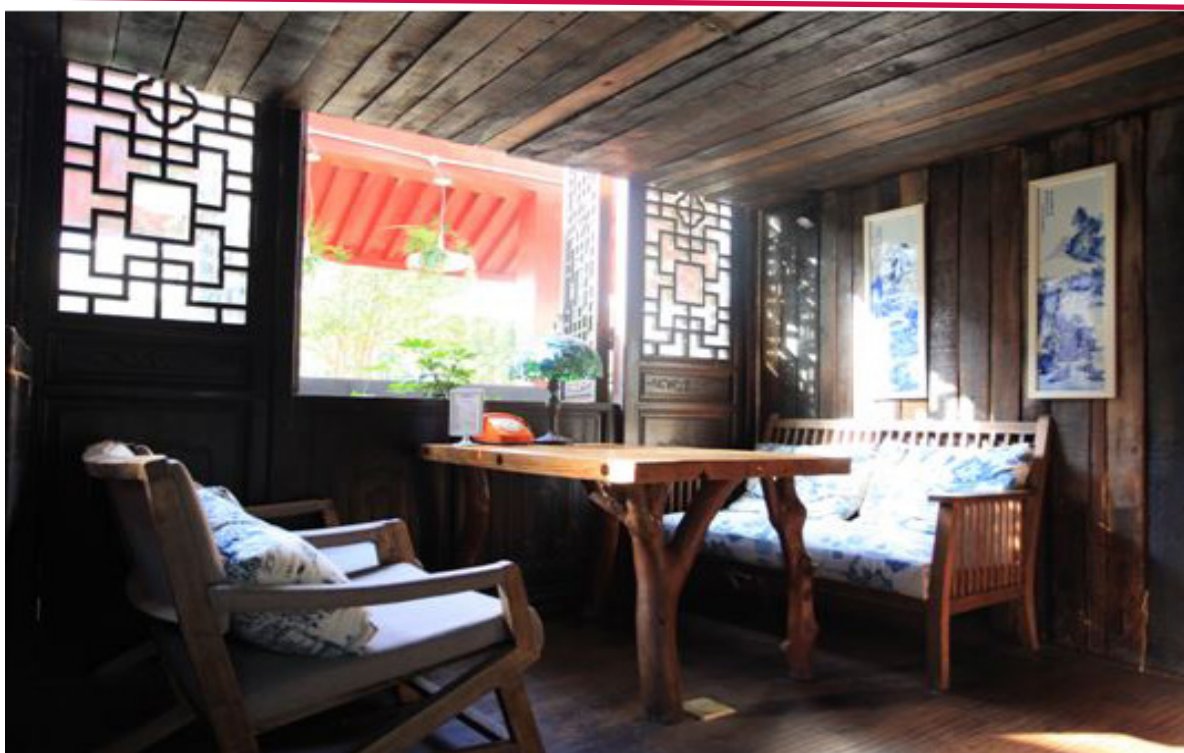
---

# ...all on Orange Island



## 橘洲瓷米餐厅

这里，有令人回味的美食与咖啡；这里，是天伦共享、纵情创造的泥土工坊；若你喜欢，这里更是旧友新朋推杯换盏的静谧空间；没错，这里是瓷米，一间游走在生活与艺术之中的平凡小店。



# ChangshaHua: lesson 1

by James Green

嘍嘍 nià sāi nǎi/neo sai ( “sai” in flat tone)

It’ s a very Changsha way of saying something is good or decent, mostly linked with visual stuffs, like appearance, dressing, obvious behaviors, etc. Be noted, this is a strong compliment so sometimes it could be an irony. E.g.: 他长得很嘍嘍 He is a pretty boy

满哥 mǎn guō mango (watch the tone, it has to be flat all the way)

Typical way of addressing a young man from Changsha, usually implying the man is energetic.

妹陀 mèi túo

may doll

(say “may” is a question tone as in “maybe?” , “doll” in short rhythm)

One way of calling a Changsha girl, be careful, when you call a girl “妹陀” , you are implying that she is outgoing and even a little wild, so not a good word to refer a quiet lady. Also, the word contains a little elements of flirting, make them useful when you should.

清白 qīn bái

chin bur

In mandarin it means innocent from crime but in Changsha that just means understand. If you 清白 something, it means you see the thing clearly with full understanding. E.g.: 你不清白。 You don’ t understand. / You don’ t get it.

踩一脚 cǎi yí jiǎo

cai yee geor

Literally it means “Step on it” , in general it means “Stop” or “Pause” . About a decade ago, There weren’ t so many bus stops in town, whenever people who were taking bus needed to get off, they just shout “踩一脚” so the driver could step on the brake. After a while it became a more general word referring to the action of stopping something or a request to do so. P.S. In English when people say “Step on it” , they mean step on the gas pedal, in Changsha we really just do the opposite thing. E.g. 踩一脚，你刚才说了什么？ Give me a break here, what did you just said?

哦豁 ò hó

Oh hole

Exactly the same thing as “Ooops..”

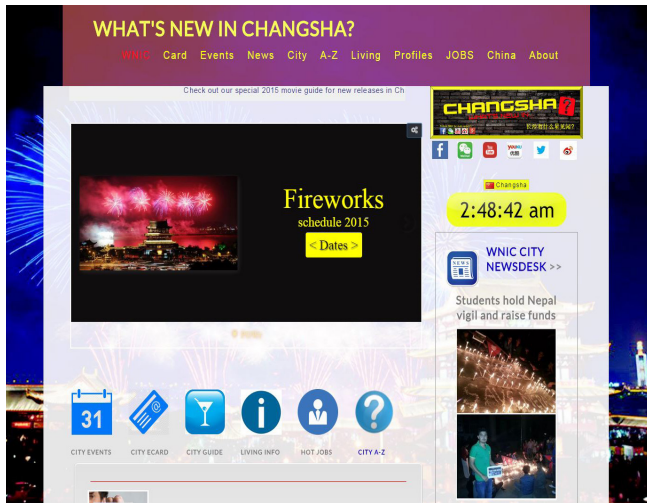
撮 cuó

Cuo

It means “Lie” or “Cheat” , a pretty old-fashion phrase in Changsha dialect.

E.g. 我读书少，你别撮我。 I didn’ t have a lot of education, don’ t try to fool me.

WWW.WNICHANGSHA.COM



Join WNIC, get updates and all the info about Changsha!



Want to write for us?  
Want to share your experiences or passion?  
Interested in helping the wider community?

We need volunteer journalists and photographers!

Anyone is welcome, foreign or Chinese. Come on!  
[wnic@qq.com](mailto:wnic@qq.com)

What's New in Changsha, or WNIC, is "star city's" biggest foreign run group... a free service, with no registration and lots of great info!

What's New in Changsha (WNIC)? is Changsha's biggest and most loved local events and news provider. WNIC is run by local expats, we help promote all kinds of events, it is totally free and there's no registration needed to access our info!

Get answers on our buzzing FACEBOOK group, follow us on wechat for city tips or just visit the website for more on local JOBS, EVENTS, PROMOTIONS and ADVICE!

To find out more go to: [www.wnichangsha.com](http://www.wnichangsha.com)

[www.wnichangsha.com](http://www.wnichangsha.com)

[wnic@qq.com](mailto:wnic@qq.com)



# Blue Valley Jazz Club

By Barry Grimes

酒吧回顾：蓝谷爵士俱乐部：爵士的天堂！



Walking into the foyer of yet another skyscraper in the bustling city of Changsha I wasn't quite sure if it was a jazz club I was about to walk into or a small accounting firm.

After getting a recommendation from a local about this little gem I decided to have a look. On the 20th floor of the HuaXia Bank Building sits the Blue Valley Jazz Club; it's an absolute nugget of a place. As I entered I met the owner Kobe Xia, a warm and friendly young man who introduced me to some other local people that are big fans of jazz music. I decided to have a chat with the man himself and find out what motivated him to set up Changsha's only jazz club.

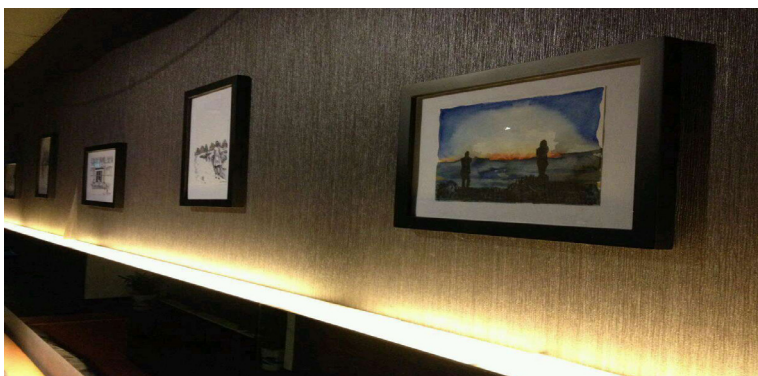
The club has a very relaxed and soothing vibe with classy furnishings and big couches so you can sit back and relax after a busy day in the city. The views from this place are spectacular as you get a full view of the surrounding area while enjoying a cocktail, beer or even a Guinness.

Both local and foreign musicians gather to jam together and get grooving! Occasionally talented well known players will be performing and with Kobe Xia's love for Jazz music you won't be let down with what's on offer.



"I'm a big jazz fan, after I came back to Changsha from Beijing I soon realised there was no jazz club in my hometown. So I decided to open up one myself and promote jazz culture here in the city. My favourite things are meeting people who love jazz music, cocktails and life!"

He also continues to work with Jz Club in Shanghai (the leading Jazz club brand in China) encouraging and presenting the best Jazz music to the people of Changsha.



Find Blue Valley at Room 2001, Huaxia Bank Building, No.389 Wuyi Avenue, Changsha City.

Make sure to drop by and sample the best Jazz here in Changsha.

# i<sup>2</sup>

## 国际私塾

international institute of education

### About i2

i2 is part of the North American Educational Group (NAEG), an educational organization founded in North America in 1983. In 2003, NAEG entered China and established i2 Educational Group, providing curricula in language and culture learning, and personal development taught exclusively by foreign teachers. Other programs include the Personal Development Education Center, Au Pair programs, study tours, overseas studying and immigration services.



As of 2014, i2 has 36 campuses in mainland China, 18 of which are located in Chengdu, and more than 1,000 staff members. Our faculty consists exclusively of foreign teachers with pertinent professional



qualifications and abundant experience. The historic Chinese word “私塾” refers to private teaching of individual scholars. i2 continues this long tradition, with all the benefits of modern technology and practice. i2 provides unique answers for what a modern “私塾” and an internationalized



“私塾” can be, i.e. a place for acquiring knowledge and growing for life.

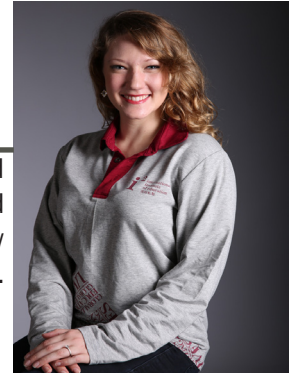
The i2 work ethic amongst even its newer staff is exemplary; members are all aware that i2’s fundamental objective is not just teaching English, through our diverse programs, but actually changing lives – creating opportunities for the future for each student, contributing materially to their chances of great success in life. It is both humbling and inspirational, and each member is proud to be part of i2’s team. At the last Spring Festival party they celebrated this and rightly raised the roof! Success breeds success, and i2 has a bright future – thanks to each and every member!



# Teachers' Testimonials



*Carolyn* - Working at i2 has given me so many more opportunities than I would have in my hometown - I love both the freedom and responsibility that i2 allows me. I am developing so many different work skills, and the experience I have gained in less than a year is more than I would get in 2 years working at home. I feel like I can really connect with my students and my co-workers. It's amazing the cultural differences and obstacles we can overcome as a team to make Chinese education a more inspiring experience.



*Katie* - i2 has provided ways for me to grow and improve my teaching skills. The staff are helpful and understanding, and I have met a wide variety of new people.



*Hayley* - Working at i2 is a really amazing experience because the staff and teachers are so student focused. Everything we do is aimed at improving our products, expanding the abilities of our teachers, and giving our students a truly life-changing experience.



## Student's Testimonials

*Shehab* - I am from Saudi Arabia. I study English and football at i2. I like my teacher, Peter Nisson, very much. I have made big progress after he taught me. I like sports, such as soccer, hockey and dodge ball. We often play these in school.



## The Strength of 1%" program

*"I hope during your time spent with i2, everyone will become happier and warmer. i2 provides education, and education is about love and growth. I believe everyone in this field should be a warm person to start with. This is why we turned a traditional orientation and training for new members to a ritual-like event for joining i2. This ritual or event is set in a rural school far away from i2. We hope that this can help everyone understand that the meaning of education is growth and development. I hope every participant will understand this core idea. Because of this idea, i2 has developed into its present form and is well on the way to its future one. I am certain that this idea can also help with the growth and happiness of i2 members. Welcome to the i2 family."*

----- Peng (the founder of i2)

By  
Sunny  
Cheryl  
Oliver  
Angelica

# Humans of Changsha

## 长沙的人



"I'm from northern China. I started playing Pipa (a Chinese traditional instrument) since the Cultural Revolution in 1966. I am a new comer for Changsha since I've been here for 10 days only; before that, I was in my hometown to treat my illness. Why didn't I go to see doctors in Changsha? Well, because I could not afford the medical expenses in Changsha's hospital. It's far more expensive than the costs in my hometown. The reason why I came to Changsha is because Changsha people are rich and willing to help. I think I can make a living here by playing my Pipa."

"I've come to Changsha to sell Bingliangfen (Icy jelly) for over 20 years. I always spend few hours in making Bingliangfen in the early morning. Business went on well before, but it goes down recently because of Chengguan (City Management). Sometimes all the stuff would be confiscated by Chengguan before I started to sell it. Making a living is hard."



He was writing his homework in the self-study room during the weekend.

"What is your major?"

"Accounting."

"What do you want to do after you graduate?"

"Umm...I am not sure. Why don't you guys go back and study for Gaokao? Hope you can get into Peking or Qinghua University. You guys will have a bright future."

“We’ve just created our Vivo Club in Hunan for undergrads within few schools to have gatherings. We went to climbing, barbecue, and parties. That’s what we do for fun during free time.”

“What do you want to do after you graduate?”

“Well, I just want to have a happy and simple life.” “I want to start my own business.”



“I’m here to raise money for charity, for the Red Cross Society of China. “

“What inspires you to do charity? What have you gained from doing this?”

“Beyond offering my effort appealing people to provide others with the trivial financial assistance , I can’t help being proud of myself to be able to exchange my work for funds from ones who can offer the help which finally leads to better lives of others who indeed need the help. Well, I also do this in order to sharpen my interpersonal skills and to pass on a sense of positive energy among us.”



“Here is little money as an expression of our good will!  
Good luck!”



Advertise here!  
Don't be shy.  
We don't bite.  
(much)

[wnic@qq.com](mailto:wnic@qq.com)

Why not visit the temple located in the north of Orange Island?



民俗园



# WNIC REVIEW

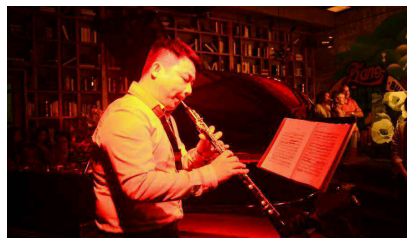
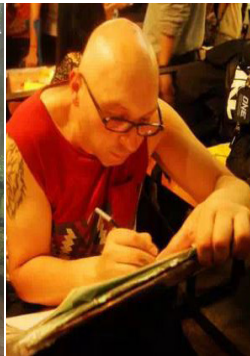


A look back at some WNIC events and people



On 17th April 2015, WNIC held a major 'Culture Party' at the Piano Buffet Restaurant on Orange Island. This event was attended by at least 300 people and showcased artwork and music, poetry and even some BJJ and Kung Fu. WNIC was also pleased to host the Hunan Photography Awards. The night finished off with fire throwing, pole dancing and a salsa fiesta!

To find out more about any of the performers in below drop us an email: [wnic@qq.com](mailto:wnic@qq.com). We can hook you up with any of these groups!



# Changsha's Economic Leap



## Where Are the People in Community Clinics?

### 那些社区诊所的人呢？

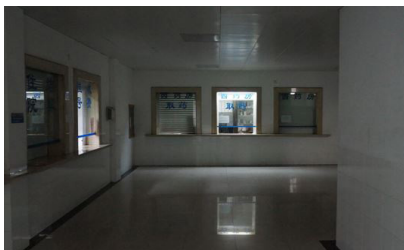
By Juncheng Zhang  
(Daniel)

I still remember the days about ten years ago when I was carried on my father's back to our community hospital in the midnight for the headache caused by my fever. I did not suffer much (yet still a lot) because the community hospital was just ten minutes' walk from our apartment, and we arrived there within just seven minutes, as later my father told me, because he was running (yes, with me on his back!).

Our apartment is located in the Provincial Party Committee Estate Community, which, I believe, still bares a lot of remnants of a Communist Production Community back in Communist China, so it has an independent hospital just serving for the people living in our community. Other similar infrastructure includes exclusive supermarket, canteen, and hotels. However, if people did not want to go that hospital, there was a community clinic just outside the estate. At that time, these two facilities were usually full of people for injection, hospitalization, or mere purchases of medicines.

As time went by, they have both been renovated and re-decorated. Yet, with the rest unaltered, one thing changed, frankly, dramatically – the better looks notwithstanding, when I swung by at times, there was almost no-one helping the two facilities fulfilling their very innate functions, and it even seemed that there was nobody working there, except when a nurse raised her head up from stooping over her telephone screen checking her Wechat's friend circle, if it existed back then. One of my rare visits to the hospital confirmed my observation.

In a cloudy and damp afternoon in the autumn of a certain year, when I was there for my due hepatitis B vaccination, the nurse treating me started chatting with my mother. She was an intern to gain field experience. Somewhat sadly, she manifested a seemingly sad attitude towards the internship she had earned. I still clearly remembered what she said: "If you go to a bigger hospital in the city, not here, there is much more to



learn because there is much more to do. But here, you know, nobody comes to this one really."

The scene that day yielded a colossal contrast to the bustle and hustle I witnessed while I was at a much tenderer age. During those days, we viewed our community hospital as an omnipotent cure to all of our ailments, big or small, and it was the first choice people had in mind even when they were severely ill. Now, I reckon it still is. Experts are invited every year, new medical supplies and equipment are brought in every year to upgrade its standards, and the shiny floors are still maintained.

Nonetheless, to us, the building is seemingly non-existent, or no more than a hollow building only old people in our community pay visits to infrequently to procure some drugs. And the big clean squared first floor in the center is sometimes used by a couple playing badminton. Probably what differs it from the one it used to be ten years ago lies not in itself, but is because of a more irresistible social change.

The change is China's economic growth. And if we want to talk about this, I think a better example could not be asked for other than "cars".



My family moved from the old apartment assigned by the government in the north of our community to the east where there was our newly bought one when I was five. At that time, there were not many cars. Maybe only five cars parked outside each apartment building. Gradually, the number increased, and then skyrocketed, bringing us to the current situation where the government is spending money building an underground parking lot and has previously augmented the width of the lane outside each building in order to contain more cars. Still, some drivers occasionally need to maneuver around before they find a place. My family contributed to this increase too. With our bulky Honda, we could travel around the Changsha more easily without being squeezed in the bus. And we attributed this significant convenience to the raised salaries of course. Without their avails, we could not afford a car even on installment. As a result, people no longer had to stagnate in their little "hubs" and choose whatever they had on hands. The spectrum of choice and the variety of it has sharply enlarged, or

simply people are more at free to go out of a confined space to pick whatever they like. And this is why we "ruthlessly" left the hospital and the little clinic desolate, and instead where we go now are major, big hospitals even just for slight physical unease.

Apparently, the economics growth played a key role in the whole process, but due to my barren knowledge in economics and social science, I dare not give a speech about it. Yet if one pays slightest heed to the situation of the road now and that of ten years ago, I am sure you will be amazed.

There have been many people talking about the societal changes brought by China's economic growth since the beginning of this century, and I, seeing many others impressed by the growth rate, also tried to compel myself to be impressed. But really, we are the ones who have been born and living in this growth, and somehow do not feel anything strange about it – you know, we just sort of take it for granted until some western and domestic economists say this growth rate is unprecedented (though the way they put it is different, of course). It was not until when I found a picture of my babysitter and myself on the grass outside our apartment building, that I noticed the huge contrast in the number of cars. I was properly spellbound by the picture. I live in Changsha, and this is the most vivid memory of how it's changed.

*\*The conductor in the bus usually had altercations with my grandfather, who was reluctant to pay for my bus ticket because he believed I was still under 1.2 meters in height, which I was. Yet because I was very tall compared to my peers – 1.45 at the age of six, the conductor did not believe my grandfather. At one time, they argued from the west of the river to the east side until we got off. I really wondered how she had the strength and patience to do that for so long. Hence "obstinate" and "mighty."*

By  
Wesley  
Harris

# This is Changsha

## “The Taxi - Djinni”



March, Changsha, or any other month for that matter. You're sitting in the back of a taxi, slipping and sliding and the Taxi Driver rushes his machine slapdash through the busy traffic, slipping in and out of traffic like the Magician that he or she is. This is Changsha, you're in a taxi, and you're not quite sure how you've arrived to your destination, but you have in one piece, without any dents or dings on your person. This is the Taxi-Driver the (Chinese Text) (Dishi Ai) or as I like to think of them the DJINNI OF CHANGSHA.

All day long the Taxi Drivers ply their particular trade throughout the city, navigating the sometimes wide and sometimes narrow corridors of Changsha. They are tireless and merciless in their pursuit of potential fares, providing a much needed and often overly-sought service to our beloved city. Strange as it is though, they are people just like you or I. They are knowledgeable individuals with a great insight into this wondrous city, a knowledge of not who or why, but how and where. How does the driver best get from Crave to your home, how does the driver best get from your home to METRO? Who knows? The taxi driver knows!

司机师傅  
(Sījī shīfù)  
Master Driver

It is oftentimes with great anxiety that we attempt to find a taxi, finding a taxi during the busy part of the day can be next to impossible, especially if you have to cross the river, but do not fret, the TAXI DJINNI have a calling card, an application on your SmartPhone that will summon such a remarkable Driver right away! Using the remarkable WeChat, we can with only a limited amount of Chinese, summon one of remarkable persons to transport you to the location of your choosing. Using this WeChat Function requires only a linked bank account and a limited amount of Chinese, but 'allows you to get one up on other fare-holders.

微信  
(Wēixìn)  
Otherwise known as  
**WECHAT.**



Conversations come and go, but typically a taxi driver will ask you a few questions such as:

你是哪里人 (Nǐ shì nǎlǐ rén)

Where are you from?

你是做什么? (Nǐ shì zuò shénme?)

What do you do?

OR

你会说普通话? (Nǐ huì shuō pǔtōnghuà?)

Do you speak Chinese?

Beyond all else though, remember that Changsha Taxi Drivers are legend, and while they are not yet Legion, they should always be at the back of your mind. They exist to transport us from one place to another, but they are not just Drivers, let alone the Taxi-Djinni that I have described, they are mothers and fathers, they are brothers and sisters, and they are sons and daughters. While they may not remember you from a face in the crowd, just remember that the magic didn't happen for them over night. The work is hard and long, sometimes they do not see their families for ages at a time, yet they wait, and when they do stir from their slumber, they provide us with the best Taxi Service that money can buy.

Taxi-Djinni, we thank you!

司机师傅，谢谢！

# Changsha, getting a cleaner quality of air

- A introduction to the air-quality issue and how it is getting tackled



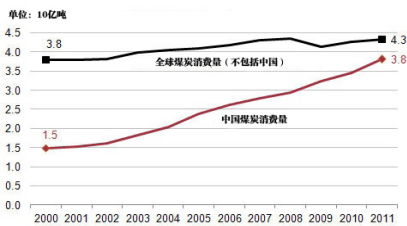
长沙：  
享受更好的空气质量

Whenever I ask my foreign friends in Changsha, “Apart from all the good aspects about Changsha, is there anything particular you would like to change?” after a bit of hesitation, most of them surprising give the identical answer-----the air quality.

As a Changsha-born-and-raised high school student, it often occurs to me the same questions as many of the local foreigners asked: Why sometimes the air quality in Changsha can be serious enough to rank evenly with the most severe haze-attacked cities in China like Beijing? Recent statistics also give us a pessimistic view of the local air pollution: Last year, the indexes of 114 days were above the standard. That is to say, for almost half of the year, the locals lived under the threats of polluted air.

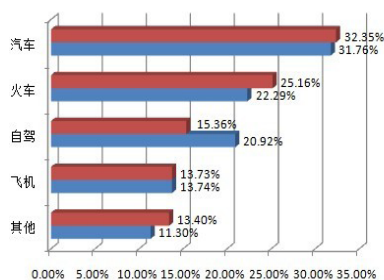
Searching through the internet, the reasons might have caused this can be summarized into 3 foremost categories.

The initial undermining reason is the utilization of fossil energy. The ratio of using coal remains at 79% while the western world is taking increasingly more advantage of clean energy like unclear power. However, the energy structure in Changsha might be quite more diversified due to the powerful surrounding hydro energy source offered by Long River and Xiang River and the short distance to the resourceful mine fields in Shanxi province.



*The rise of use in fossil energy during 2000 to 2011 in China and worldwide.*

Another reason is the exhaustion of the automobiles. On Mid Autumn of 2011, 57.51% of people chose automobiles either to short distances or to long travels. As the subway of Changsha is still on its way, automobile will continue to be the major transportation for a long period of time (A trustworthy informer told me that we had to wait until 2030 when the subway is fully constructed).



*The transportation proportion during two major festivals in 2011*

Last reason is undeniable. The industries especially building

materials and real estate have long been disturbing our citizens by air pollution. When building a house, it is inevitable for the powders or dust to rise above the ground and eventually turn into PM2.5. This little phenomenon can never be overlooked. It is believed during the APEC Commission, the sky in Beijing miraculously turned blue only by closing enormous unqualified factories and ceasing to build more houses in process. Within one month (This January), there are 20 new residential blocks built according to Sina Fun Housing. Because of the Newly-built blocks are mostly located in the suburb which is exactly where the wind blows from. Another interesting phenomenon in Changsha as normally witnessed by us is that roads are destroyed and rebuild everyday unnecessarily out of one absurd reason-----stimulating domestic demand.

How well does it currently controlled? The efforts are visible.

The most-heard measure is the construction of the long-run detecting spots. Now the city is running 10 real-time reporting spots (Gaokai Area Environment Department, Hunan Normal University, Wujialing, Tianxin District Environment Department, Shaping, Jingkai Area Environment Department, Mapoling, Yuhua District Environment Department, new train station and Hunan, Hunan University of Chinese Medicine). The up-to-date data can be seen at <http://www.pm25.com/changsha.html> for Changsha citizens to check the nearest spot and decide whether it is the proper time to go out. Noticeably, these spots are available for most of the cities in China now.

Changsha also eliminated more than 28 thousand yellow-tagged cars through 19 inspection spots and 63 inspection lines (Cars that cannot pass the National I or II Discharge Standard marked yellow in China). 109 gas stations changed their equipments to become less volatile. Dirt cars are asked to be cleaned each time in or out the construction

sites. All these efforts cost the total of 7.76 trillion RMB. With the help of these actions, the average density of PM2.5 slightly dropped from 78 mg/m<sup>2</sup> to 74 mg/m<sup>2</sup>



*At one of the spot, a staff is inspecting the vent pipe of a car.*

There are several suggestions for individuals to keep healthy facing the air pollution. Each time when the sky is grey and visibility is low, closing windows is a necessity for the haze can lead to serious respiratory diseases. but it seems like very few citizens have taken this seriously. On the contrary, there is increasing number of citizens walking on the streets with breathing masks covered on the faces. They are convinced that breathing masks can resist most of the dust coming to their bodies. However, according to the investigation from the Consumers' Association during 3.15 (Consumers' day), 60% of the breathing masks on the market have the unsatisfactory filtering function, some of them can even easily grow harmful microbes. The most suggested and efficient way to prevent this is still not going out during the grey-sky days.

The information above can offer an overall idea over how the air-quality problem formed and to be solved. This still seems far away from our lives, especially for a foreigner. However, knowing all the given information can actually be useful as being a city member of Changsha, no matter whether you were born here or from another country. The causations such as automobile exhaustion tell us to drive car less frequently. Anyways, at least the locals wish to feel proud of our air quality when being asked by a foreigner in the future.

## Arabic / Halal

### AlSalam

Specializing in Western and Arabic (halal) 'fast food' including falafels, good quality 'shisha' (hookah) and a selection of hot drinks, ice cream, fresh juice and milkshakes.

Central South University, South Gate, Changsha

### Koala Cafe

Koala Cafe is a Halal food cafe which supplies Asian, Continental,

Arabian food as well as Barbecue. B1 (the first Dining Hall), Medical College, Hunan Normal University, No. 371, Tongzipo Road, Yuelu

District, Changsha. Tel:13487310648.

### Pakistan House

This tucked away, out of sight gem on the West side of the river, is run by a team of Pakistani chefs and serves up an impressive array of dishes.

长沙岳麓区金星路与桐梓坡路交汇处步步高广场后湘腾城市广场2栋一单元602室. Changsha (Yuelu district) road and Venus TongZi ramp interchange. The restaurant is actually located inside a residential building courtyard in the XiangTeng city plaza area (room 602, building A, unit 2). It is advisable to call for further directions.

Tel: 131-7048-0221

## Burgers & Hotdogs

### Deli Burger

Many consider this to be the best burger spot in town. A limited menu is made up for the impressive burgers, plus other side dishes, making this a worthy visit.

长沙市开福区芙蓉中路长远大厦103号(建湘北路, 近喜来登酒店). Tel: 0731-85211901. 103 JianXiang Lu, off Furong Lu (one block south of the Sheraton Hotel. Look at a Motel 168). Subway: Furong Square.

### Let's Bar & Diner

Now located in two separate areas (ID Mall and Liuyang River

Commercial Plaza), this is a popular burger, nachos and fries place with excellent American-style decor and a range of good, imported bottled beers.

4th Floor, ID MALL, 216 PoZi Jie, Tianxin, Changsha, 中国湖南省长沙市天心区坡子街216号悦方ID MALL L452. Tel: +86 073185819559

## Chinese food

### HuoGongDian

Set around an architecturally stunning complex, complete with open-air opera performances throughout the year, HouGongDian is a famous Hunan eating spot.

PoZi Jie 127, Changsha (near ID Mall). Subway: Wuyi Square (walk to ID Mall about 10 minutes).

### People's Dining Hall Commune

Great Hunan food, large servings and cheap beer set in a Communist Party atmosphere complete with huge paintings and old posters of the "people's revolution".

人民公社大食堂, 黄兴路.

Located West (opposite) of the La Nova Mall in a small alley just off HuangXing Lu. Subway: Wuyi Square.

### MaiTianWuXian

Housed in the same building (2nd Floor) as Redlive Club this family-style restaurant serves up some of the best local dishes in the city.

麦田无限, 247中山路, 长沙. Zhongshan Lu (behind La Nova Mall and close to the Wanda Mall development). 0731-89705757. More.

### West Lake Restaurant

The largest Chinese restaurant in the world, a maze of elaborate, ancient buildings with live opera performances make this a fabulous treat.

Website. Tel: 0731-84258188.

Recommended by taxi (near Moon Lake scenic area).

## European food

### Bach's Bakery

Well, this is not strictly a restaurant but a famous charity bakery. This not-for-profit German-run bakery has a range of cakes and German-style breads that are well known throughout Changsha.

8 XiangChun Lu (Off XiangChun Lu just north of the city centre. Look for the Bach's Bakery sign). Website.

### Flower Time

Elegant, romantic, quiet and dream-like, featuring an impressive range of exquisite culinary dishes to whet any appetite.

213 HuangXing middle Rd (above the 85 bakery, 4th floor - Use elevator to 4th and 5th floor). 黄兴中路213号路(中山亭, 85°c旁电梯上4F) Tel: 0731-8970-4129 / 13687303820. Subway: Wuyi Square (L2).

### Sophia

Restaurant offers high quality, excellent Italian, Spanish and other Mediterranean cuisine in a stylish and very ergonomic environment.

长沙市雨花区韶山北路鸿铭中心商业街C座104号 (C-104#, HongMing Commercial Street, Changsha). Tel: 0731-85174108. Located on 'business street' two minutes walk, south of the Shaoshan Lu/Renmin Lu junction.

## Pizza

### FatBoys

FatBoys' pizzas are an original American style pizza with modern Chinese influences.

NongYeDaXue, Nongdalu, XinRunShiChangDuiMian, XiCeMenMian Fei.lao Pizza. 湖南农业大学农大路新润市场斜对面西侧门面肥佬披萨店. Tel: 15111404435.

### Hawa Bar

Hawa has a great selection of pizzas and other meals which can easily accompany a great night out as Hawa is one of Changsha's most popular and affordable bar chains, boasting three branches.

Houjiatang South (on Furong Nan Lu) and Jiefang Xilu (opposite of M2 Bar and MUSE club) and on

Xinmin Lu.

Tel: 13916551098 (Harrison).

### Leeds Pizza

With a great range of pizzas available and now two outlets across the city (one of each side of the river), this is one of the best pizza places.

1. Cai E Nan Lu, No.77 (YinXiang TianXin, 1st Floor). Tel: 0731-82181517 1.蔡锷南路立滋披萨(印象天心工商银行旁, 大古道巷口)

2. Feng Ting Lu, No.11905. Tel: 0731-89676732. 2.凤亭路口11905号门面电话 89676732

## Sandwiches

### Subway

Subway operates at only one location, close to the stadium, in Changsha.

劳动西路418号, 雅礼中学旁, 赛百味雅礼店. No.418 Lao Dong Xi Lu (beside Yali School). Website.

### Crave Deli & Bar

Crave serves a real mix of tasty, sandwich-based dishes which range from fulling panninis to hearty pulled pork and meat dishes with delicious side snacks.

Xinmin Lu, 3 Shimen Lou Jie, Changsha. Tel: 15388034382. See the Bars & Clubs section for more.

## World Food

### Mega Cafe & Sports Bar

Mega offers a wide range of food, from burgers to imported steaks, from freshly made pizza to other pasta dishes.

57-1 LaoDong Zhong Lu, DongTang Dong, Changsha. Tel: 15874026331 (English). Tel: 15874035131 (Chinese).

### Rio Brazilian BBQ

Located at the north end of Orange Island with a terrace overlooking the river, this all-you-can-eat buffet allows you to roast your own meat.

Subway: JuZiZhou (L2), a 15minute walk (or electric cart) north inside the Orange Island Resort Complex. 橘洲沙滩体育休闲文化园. Tel: 0731-89679599-8501.

More to come!

One card, one city, big savings!  
 一卡“通”城，  
 乐“惠”长沙！



You can buy your Changsha Card from one of our agents or outlets (Crave or Mega bars). All cards will expire on 2016.03.15. The Changsha Card is managed by WNIC, the biggest expat service in Changsha and Hunan! Save bags of money at the many businesses operating Changsha Cards discounts.

See all discounts here: [www.wnichangsha.com](http://www.wnichangsha.com)

**Some of the amazing deals available to Changsha Card holders...**

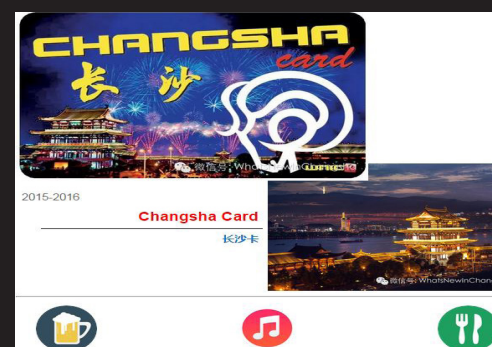


**Up to 30% OFF**  
 Orange Island  
 Spa Resort



**20% OFF**  
 HN Fitness

**40% OFF every  
 Wednesday**  
 ID Mall cinema



**50% OFF draught  
 beer 4-7pm**  
 Paulaner Brauhaus



Participating businesses (as of May 1st 2015)

4inches 四英寸现烤三明治; Mr & Mrs Aysh 艾薯夫妇; Beer Station 有哈数啤酒便利店; Blue Valley 蓝谷爵士俱乐部; Brooklyn Fellas 布鲁菲洛美式西餐吧; Caffè Bene Yali 咖啡陪你; Caffè Bene ID Mall & New Wanda Mall 咖啡陪你; Grave Deli & Bar 梦寐以求西餐吧; Deli Burger 大力汉堡; Flower Time Restaurant 花时间; Hawa Bar & Café 长沙HAWA西餐吧; Helen's Bar 海伦餐饮; HN Fitness 湘体健身会所; ID Mall Cinema 星美国国际影城; La Vie en Rose 共享玫瑰人生; Leeds Pizza 立滋; Let's Bar & Diner 来吃吧美式餐厅; Mayo Dental Hospital 美奥口腔医院; M Beauty 你好漂亮养生会所; Mega Cafe & Sports Bar Mega西餐吧; Mix Club 贰MIX Club; North American Lifestyle; 北美生活; Nicole Nails 妮可美甲; Obelisco Argentina Steakhouse 阿根廷庄园餐厅; Orange Island: Juzhou Island Sports & Leisure Culture Park 橘洲沙滩体育休闲文化园; Paulaner Brauhaus 长沙普拉那啤酒屋; Sky27 酒吧; Sophia Restaurant; 长沙苏菲西餐厅; Subway 赛百味; Timesharer Coffee 时光之尘咖啡馆; Viva Villa Restaurant & Bar 墨西哥美式餐吧 + U Know beer bar and the Orange island Beer & Music Garden!

WNIC is not responsible for the discounts advertised. Cards are non transferable. Go to [www.wnichangsha.com/cards](http://www.wnichangsha.com/cards) for more info!